


MARCH 2024

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.</p> <p>RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880 KENNA 304-372-2406</p>				<p>1 PIZZA BREAD CHIPS, SIDE SALAD FRUIT, DRESSING</p>
<p>4 ITALIAN CHICKEN SCALLOPED POTATOES BROCCOLI BREAD, FRUIT JUICE</p>	<p>5 SPAGHETTI/SAUCE BROCCOLI GARLIC BREAD STICK FRUIT</p>	<p>6 POTATO SOUP HAM &amp; CHEESE SANDWICH BEAN SALAD FRUIT, JUICE</p>	<p>7 FAJITA CHICKEN SALAD REFRIED BEANS CHIPS, CHEESE LETTUCE, TOMATO FRUIT</p>	<p>8 CHEESEBURGER LETTUCE, TOMATO PICKLE, ONION BAKED BEANS FRIES, FRUIT</p>
<p>11 SLOPPY JOE COLESLAW POTATO WEDGES FRUIT, JUICE</p>	<p>12 BBQ CHICKEN LEGS BAKED SWEET POT BRUSSEL SPROUTS FRUIT, BREAD</p>	<p>13 SWEDISH MEATBALLS NOODLES MIXED VEG BREAD, FRUIT, JUICE</p>	<p>14 SCRAMBLED EGGS SAUSAGE PATTY HASH BROWN, GRAVY BISCUIT, HOT APPLES</p>	<p>15 CHICKEN SANDWICH LETTUCE, TOMATO MACARONI SALAD PICKLED BEETS, FRUIT</p>
<p>18 TERIYAKI CHICKEN RICE STIR FRY VEG FRUIT BREAD, JUICE</p>	<p>19 GOULASH BROCCOLI GARLIC BREAD STICK BEAN SALAD FRUIT</p>	<p>20 PORK BBQ/BUN COLESLAW BAKED BEANS TATER TOTS FRUIT</p>	<p>HAPPY BIRTHDAY COUNTRY FRIED STEAK WITH GRAVY MASHED POTATOES PEAS &amp; CARROTS BISCUIT, DESSERT</p>	<p>22 CHICKEN TENDERS SIDE SALAD POTATO WEDGES FRUIT BREAD</p>
<p>25 KEILBASA KRAUT OVEN POTATOE BUTTER BEANS FRUIT BREAD</p>	<p>26 CREAM CHICKEN BISCUIT CALIFORNIA BLEND VEG, BEAN SALAD MASHED POTATOES FRUIT</p>	<p>27 CRAB CAKE MACARONI &amp; CHEESE CARROTS BREAD JUICE FRUIT</p>	<p>HAPPY EASTER HAM SWEET POTATOES GREENBEANS ROLL DESSERT</p>	<p>29 CHILI PEANUT BUTTER SANDWICH COLESLAW FRUIT CRACKERS, JUICE</p>