

MAY 2022

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 TERIYAKI CHICKEN RICE STIR FRY VEGETABLES ORANGE, BREAD	3 PEPPER STEAK NOODLES BRUSSEL SPROUTS BANANA, BREAD	4 PINTO BEANS CORNBREAD GREENS, POTATOES JELLO FRUIT	MOTHERS DAY DINNER TURKEY MASHED POTATOES GREENBEANS DESSERT, ROLL	6 CLUB SANDWICH LETTUCE, TOMATO MAC SALAD, CHIPS MANDARIN ORANGES
9 CHICKEN TENDERS POTATO CASSEROLE MIXED VEGETABLES FRUIT COCKTAIL BREAD	10 CENTER CLOSED ELECTION DAY	11 NAVY BEANS CORNBREAD GREENS BANANA	12 CHEF SALAD BOILED EGG COTTAGE CHEESE PINEAPPLES CRACKERS, DRESSING	13 PIZZA BREAD CHIPS SIDE SALAD DRESSING JELLO WITH FRUIT
16 SWEDISH MEATBALLS NOODLES BROCCOLI APPLE BREAD	17 HAM SCALLOPED POTATOES CARROTS FRUIT BREAD	18 ITALIAN CHICKEN BAKED POTATO CALIFORNIA BLEND VEGETABLES, BREAD FRUIT, SOURCREAM	19 TACO SALAD REFRIED BEANS TACO CHIPS SOURCREAM FRUIT	20 BAKED SPAGHETTI SIDE SALAD GARLIC BREAD HOT APPLES DRESSING
23 HONEY MUSTARD CHICKEN BABY BAKERS MIXED VEGETABLES FRUIT, BREAD	24 SCRAMBLED EGGS GRAVY, SAUSAGE HASHBROWN HOT APPLES JUICE, BISCUIT	25 CRAB CAKES MACARONI & TOMATOES GREENS FRUIT, BREAD	HAPPY BIRTHDAY! MEATLOAF MASHED POTATOES GREEN BEANS DESSERT ROLL	27 HOT DOGS SAUCE BAKED BEANS COLESLAW FRUIT
30 MEMORIAL DAY CENTER CLOSED	31 CHICKEN LEGS BABY BAKERS BROCCOLI FRUIT, BREAD	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880		