

MAY 2023

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ CHICKEN LEGS SCALLOPED POTATOES CARROTS APPLE, BREAD	2 SHEPHERDS PIE BRUSSEL SPROUTS BISCUIT FRESH ORANGE	3 FISH NUGGETS MACARONI & TOMATOES CAULIFLOWER BANANA, BREAD	4 FAJITA CHICKEN SALAD REFRIED BEANS CHIPS, CHEESE LETTUCE, TOMATOES SOURCREAM, FRUIT	5 PIZZA BREAD SIDE SALAD PICKLED BEETS YORGURT
8 SLOPPY JOE COLESLAW TATER TOTS BROCCOLI ORANGE	9 ITALIAN CHICKEN BAKE POTATO CALIFORNIA BLEND VEGETABLES BANANA, BREAD	10 KEILBASA OVEN FRIED POTATOES BUTTERBEANS APPLE, BREAD	MOTHERS DAY DINNER CHICKEN/GRAVY MASHED POTATOES GREENBEANS, BISCUIT STRAWBERRY SHORTCAKE	12 CHICKEN NOODLE SOUP SIDE SALAD GRILLED CHEESE SW PICKLED BEETS FRUIT
15 CHICKEN TENDERS MACARONI & CHEESE CARROTS ORANGE PICKLED BEETS, BREAD	16 HAM SWEET POTATOES GREEN BEANS PINEAPPLES BREAD	17 CHICKEN ALFREDO NOODLES BROCCOLI GARLIC BREAD BANANA, JUICE	18 CHILI PEANUT BUTTER SW COLESLAW FRUIT COCKTAIL CRACKERS	19 CHEESEBURGER BAKE BEANS SWEET POTATO FRIES LETTUCE, TOMATO PICKLE, FRUIT
22 CHICKEN SANDWICH TATER TOTS CALIFORNIA BLEND VEG, FRUIT	23 PINTO BEANS CORNBREAD CABBAGE HOT APPLESAUCE	24 POTATO SOUP BOLOGNA SALAD SW THREE BEAN SALAD FRUIT	HAPPY BIRTHDAY! MEATLOAF SCALLOPED POTATOES GREENBEANS ROLL, BROWNIES	26 TURKEY CLUB SW LETTUCE TOMATO MACARONI SALAD FRUIT, PICKLED BEETS
29 MEMORIAL DAY CENTER CLOSED	30 TERRIYAKI CHICKEN RICE STIRE FRY VEG APPLE, BREAD	31 HOTDOGS/SAUCE BAKE BEANS COLESLAW ORANGE	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RAVENSWOOD 304-273-5648 KENNA 304-372-2406 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880	