

MAY 2024

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RAVENSWOOD 304-273-5648 SANDYVILLE 304-273-2880		1 FISH NUGGETS MAC & CHEESE MIXED VEG BREAD, FRUIT JUICE	2 CHICKEN FAJITAS BLACK BEANS SPANISH RICE SIDE SALAD FRUIT	3 HOT DOGS SAUCE BAKED BEANS COLE SLAW FRUIT
6 TOMATO SOUP GRILLED CHEESE THREE BEAN SALAD FRUIT/ COTTAGE CHEESE	7 GARLIC & HERB CHICKEN STUFFING, BEETS BRUSSEL SPROUTS BREAD, FRUIT	8 NAVY BEANS MIXED GREENS CORNBREAD HOT APPLES JUICE	MOTHERS DAY DINNER MEATLOAF SCALLOPED POTATOES GREEN BEANS DESSERT ROLL	10 CHICKEN SANDWICH LETTUCE, TOMATO PEA SALAD CHIPS FRUIT
13 CHICKEN TENDERS SCALLOPED POTATOES BAKED BEANS FRUIT, BREAD, JUICE	14 CENTER CLOSED ELECTION DAY	15 BBQ MEATBALLS MASHED POTATOES CARROTS FRUIT, JUICE	16 PIZZA BREAD CHIPS FRUIT SIDE SALAD, BEETS	17 CHEF SALAD COTTAGE CHEESE FRUIT CRACKERS, DRESSING
20 BBQ CHICKEN LEGS BRUSSEL SPROUTS STUFFING FRUIT BREAD	21 CHILI PEANUT BUTTER SW CRACKERS COLE SLAW, APPLE BEETS	22 CRAB CAKE MAC & CHEESE BROCCOLI FRUIT BREAD, JUICE	HAPPY BIRTHDAY SALISBURY STEAK MASHED POTATOES GREEN BEANS, GRAVY ROLL DESSERT	24 CHICKEN SANDWICH LETTUCE & TOMATO CHEESE, PEA SALAD CHIPS FRUIT
27 CENTER CLOSED MEMORIAL DAY	28 KEILBASA KRAUT, BREAD OVEN POTATOES BUTTERBEANS, FRUIT	29 ITALIAN CHICKEN BAKED POTATOES CALIFORNIA BLEND FRUIT, BREAD	30 POTATO SOUP TUNA SALAD/BREAD BEAN SALAD FRUIT, JUICE	31 PORK BBQ COLESLAW BAKED BEANS TATER TOTS, FRUIT