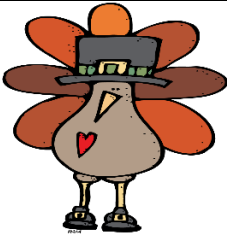


JACKSON COUNTY COMMISSION ON AGING

NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:30 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED AND NECESSARY.</p> <p>RIPLEY 304-372-5151 RAVENSWOOD 273-5648 SANDYVILLE 304-273-2880</p>				<p>1 GREAT NORTHERN BEANS CORNBREAD BRUSSEL SPROUTS FRUIT, MILK</p>
<p>4 BBQ CHICKEN BREAST BABY BAKES BAKED BEANS FRUIT, BREAD, MILK</p>	<p>5 KEILBASA SAUERKRAUT BUTTER POTATOES BREAD, FRUIT, MILK</p>	<p>6 CRAB CAKE MACARONI & CHEESE MIXED VEGETABLES FRUIT, BREAD, MILK</p>	<p>7 PINTO BEANS CORNBREAD MIXED GREENS CHERRY CRISP, MILK</p>	<p>8 PIZZA BREAD TOSSED SALAD DRESSING FRUIT, MILK</p>
<p>11 VETERANS DAY CENTER CLOSED</p>	<p>12 HAM BEAN SOUP CORNBREAD BRUSSEL SPROUTS HOT APPLES MILK</p>	<p>13 TURKEY BACON CLUB SANDWICH MACARONI SALAD FRUIT MILK</p>	<p>HAPPY BIRTHDAY HAM SWEET POTATOES GREEN BEANS ROLL, DESSERT MILK</p>	<p>15 FISH SANDWICH POTATO WEDGES COLESLAW, TARTAR SAUCE BANANA, MILK</p>
<p>18 CHICKEN TENDERS BUTTERED POTATOES PEAS BREAD, FRUIT MILK</p>	<p>19 BAKED FISH MACARONI & CHEESE BROCCOLI FRUIT MILK</p>	<p>20 CHICKEN LEGS BABY BAKERS CARROTS FRUIT, BREAD MILK</p>	<p>HAPPY THANKSGIVING TURKEY, DRESSING MASHED POTATOES GREENBEANS, ROLL PIE, CRANBERRY SAUCE MILK</p>	<p>22 HOT DOGS/SAUCE COLESLAW BAKED BEANS POTATO SALAD FRUIT, MILK</p>
<p>25 BEEF STROGANOFF CAULIFLOWER CARRROTS, BREAD FRUIT MILK</p>	<p>26 CHICKEN & DUMPLINGS MASHED POTATOES GREEN BEANS FRUIT, MILK</p>	<p>27 BREAKFAST SERVE EARLY SAUSAGE GRAVY BISCUIT, EGGS HASHBROWN APPLES, MILK</p>	<p>28 HAPPY THANKSGIVING CENTER CLOSED</p>	<p>29 CENTER CLOSED</p>