NOVEMBER 2021 JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	HAPPY BIRTHDAY	5
TERIYAKI CHICKEN	MEATBALLS	CHICKEN TENDERS	HAM	CHEESE BURGER
RICE	SCALLOPED POTATOES	BABY BAKERS	SWEET POTATOES	BAKED BEANS
STIR FRY VEG	MIXED VEG	BROCCOLI	GREEN BEANS	CHIPS
FRUIT, BREAD	BREAD, FRUIT	YOGURT, BREAD	DESSERT, BREAD	FRUIT
8	9	10	11	12
CREAM CHICKEN	SPAGHETTI	CRAB CAKE		CHICKEN SANDWICH
MASHED POTATOES	BROCCOLI	MACARONI & CHEESE	VETERANS DAY	FRENCH FRIES
MIXED VEGETABLES	GARLIC BREAD	PEAS	CENTER CLOSED	CARROTS
BISCUIT, FRUIT	HOT APPLESAUCE	FRUIT, BREAD		FRUIT
15	16	17	HAPPY THANKSGIVING	19
CORNDOG	CHICKEN LEGS	KEILBASA	TURKEY, DRESSING	ITALIAN CHICKEN
POTATO WEDGES	BUTTERED NOODLES	SAUERKRAUT	MASHED POTATOES	BRUSSEL SPROUTS
PEAS	CALIFORNIA BLEND	BAKED BEANS	GREEN BEANS, ROLL	BABY BAKERS
FRUIT	VEGETABLES	FRUIT	CRANBERRY SAUCE	FRUIT
	FRUIT, BREAD	BREAD	PUMPKIN PIE	BREAD
22	23	BREAKFAST	25	26
SLOPPY JOE	PORK CHOP	SCRAMBLED EGGS		
TATER TOTS	MASHED POTATOES	SAUSAGE, GRAVY	HAPPY THANKSGIVING	CENTER CLOSED
CORN	GRAVY	BISCUITS	CENTER CLOSED	
FRUIT	PEAS	HASHBROWNS		
	FRUIT, BREAD	HOT APPLES		
29	30	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE		
CHICKEN NOODLES	STUFFED PEPPERS	SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00		
MIXED VEGETABLES	BABY BAKERS	PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.		
BREAD	GREEN BEANS	RIPLEY 304-372-5151		
HOT PEACHES	FRUIT	RAVENSWOOD 304-273-5648		
	BREAD	SANDYVILLE 304-273-2880		