

OCTOBER 2020

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RIPLEY 304-372-5151 RAVENSWOOD 304-273-5648 SANDYVILLE 304-273-2880</p>			<p>1 KEILBASA MACARONI & CHEESE PEAS FRUIT</p>	<p>2 FROZEN MEAL</p>
<p>5 FROZEN MEAL</p>	<p>6 TURKEY STUFFING GREEN BEANS FRUIT</p>	<p>7 SPAGHETTI WITH MEAT SAUCE BROCCOLI GARLIC BREAD, FRUIT</p>	<p>8 CHICKEN TERIYAKI RICE STIR FRY VEGETABLES FRUIT</p>	<p>9 FROZEN MEAL</p>
<p>12 FROZEN MEAL</p>	<p>13 HAM SWEET POTATOES GREEN BEANS FRUIT</p>	<p>14 CREAM CHICKEN BISCUIT MASHED POTATOES MIXED VEGETABLES FRUIT</p>	<p>15 PIZZA BREAD CHIPS PEA SALAD FRUIT</p>	<p>16 FROZEN MEAL</p>
<p>19 FROZEN MEAL</p>	<p>20 CHICKEN TENDERS BABY BAKERS CORN FRUIT</p>	<p>21 CORNDOGS TATER TOTS BAKED BEANS FRUIT</p>	<p>22 SALISBURY STEAK MASHED POTATOES GRAVY, CORN FRUIT</p>	<p>23 FROZEN MEAL</p>
<p>26 FROZEN MEAL</p>	<p>27 BEEF TIPS & GRAVY BISCUIT MASHED POTATOES GREEN BEANS FRUIT</p>	<p>28 CHEESE BURGER PICKLE, ONIONS CHIPS FRUIT BAKED BEANS</p>	<p>29 CHICKEN LEGS SCALLOPED POTATOES PEAS AND CARROTS FRUIT</p>	<p>30 FROZEN MEAL</p>