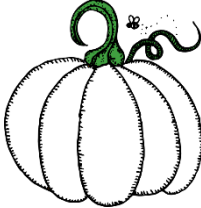


OCTOBER 2022

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>BBQ MEATBALLS SCALLOPED POTATOES MIXED VEG FRUIT, BREAD</p>	<p>4</p> <p>BEAN HAM SOUP CHEESE SPREAD SW PICKLED BEETS FRUIT</p>	<p>5</p> <p>CRAB CAKE MACARONI & TOMATOES PEAS, FRUIT, BREAD</p>	<p>6</p> <p>OVEN BAKED CHICKEN LEG QUARTERS, BREAD BUTTERED POTATOES BROCCOLI, FRUIT</p>	<p>7</p> <p>PIZZA BREAD PEA SALAD CHIPS FRUIT</p>
<p>10</p> <p>COLUMBUS DAY CENTER CLOSED</p>	<p>11</p> <p>HAM SWEET POTATOES GREEN BEANS FRUIT BREAD</p>	<p>12</p> <p>CHICKEN TENDERS BAKED POTATOES MIXED VEG FRUIT BREAD</p>	<p>13</p> <p>SCRAMBLED EGGS GRAVY SAUSAGE HOT APPLES BISCUIT, JUICE</p>	<p>14</p> <p>CHILI PEANUT BUTTER SW PICKLED BEETS FRUIT</p>
<p>17</p> <p>TERIYAKI CHICKEN RICE STIR FRY VEG BREAD ORANGE</p>	<p>18</p> <p>PINTO BEANS CORNBREAD OVEN ROASTED POTATOES FRUIT</p>	<p>19</p> <p>GOULASH BROCCOLI GARLIC BREAD FRUIT JUICE</p>	<p>20</p> <p>TACO SALAD REFRIED BEANS TACO CHIPS FRUIT SOURCREAM</p>	<p>21</p> <p>HOT DOGS SAUCE COLESLAW BAKED BEANS FRUIT</p>
<p>24</p> <p>KEILBASA KRAUT BUTTER BEANS FRUIT BREAD</p>	<p>25</p> <p>BBQ CHICKEN LEGS MASHED POTATOES GREEN BEANS BREAD FRUIT</p>	<p>26</p> <p>VEGETABLE SOUP CHICKEN SALAD SW PICKLED BEETS FRUIT CRACKERS</p>	<p>HAPPY BIRTHDAY ROAST MASHED POTATOES GREEN BEANS DESSERT ROLL, GRAVY</p>	<p>28</p> <p>PORK BBQ BUNS BAKED BEANS COLESLAW FRUIT</p>
<p>31</p> <p>COW BOY BEANS CARROTS BISCUITS FRUIT</p>		<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.</p> <p>RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880</p>		