

SEPTEMBER 2019 JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>LABOR DAY CENTER CLOSED</p>	<p>3</p> <p>SALISBURY STEAK MASHED POTATOES/GRAVY GREENBEANS APPLESAUCE BREAD, MILK</p>	<p>4</p> <p>CHEF SALAD COTTAGE CHEESE FRUIT DRESSING, CRACKERS MILK</p>	<p>5</p> <p>GREAT NORTHERN BEANS CORN BREAD SPINACH ONIONS, FRUIT MILK</p>	<p>6</p> <p>CRAB CAKE PARSLEY NOODLES MIXED GREENS FRUIT MILK</p>
<p>9</p> <p>TERIYAKI CHICKEN RICE STIR FRY VEGETABLES FRUIT, MILK, BREAD</p>	<p>10</p> <p>BUTTER BEANS CORNBREAD BRUSSEL SPROUTS, ONIONS HOT APPLES, MILK</p>	<p>11</p> <p>BAKED FISH MAC & CHEESE MIXED VEGETABLE BANANA, MILK</p>	<p>12</p> <p>BBQ CHICKEN LEG SCALLOPED POTATOES CAULIFLOWER FRUIT, BREAD, MILK</p>	<p>13</p> <p>Cooks choice</p>
<p>16</p> <p>HONEY MUSTARD CHICKEN AUGRATIN POTATOES CARROTS FRUIT, BREAD MILK</p>	<p>17</p> <p>VEGETABLE SOUP CHEESE SPREAD SANDWICH PICKLED BEETS FRUIT MILK</p>	<p>18</p> <p>FISH BAKED POTATO BROCCOLI FRUIT, BREAD MILK</p>	<p>HAPPY BIRTHDAY HAM SWEET POTATOES GREEN BEANS DESSERT, ROLL MILK</p>	<p>20</p> <p>PICNIC AT THE FAIRGROUNDS HOTDOGS LUNCH WILL BE SERVED AT 11:30</p>
<p>23</p> <p>CHICKEN TENDERS BAKED BEANS BABY BAKERS FRUIT, BREAD, MILK</p>	<p>24</p> <p>PORKCHOP BUTTERED POTATOES MIXED VEGETABLES FRUIT, BREAD, MILK</p>	<p>25</p> <p>TACO SALAD LETTUCE, TOMATO REFRIED BEANS FRUIT, MILK</p>	<p>26</p> <p>ZESTY ITALIAN CHICKEN BABY BAKERS GREEN BEANS FRUIT, BREAD, MILK</p>	<p>27</p> <p>TUNA SALAD SANDWICH TOSSED SALAD COTTAGE CHEESE PINEAPPLE, MILK</p>
<p>30</p> <p>CREOLE PORKCHOP RICE BROCCOLI FRUIT, BREAD MILK</p>		<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:30 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED AND NECESSARY.</p>		
		<p>RIPLEY 304-372-5151</p>	<p>RAVENSWOOD 273-5648</p>	<p>SANDYVILLE 304-273-2880</p>