

SEPTEMBER 2020

Jackson County Commission On Aging

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| <p>RIPLEY 304-372-5151 RAVENSWOOD 304-273-5648 SANDYVILLE 304-273-2880</p> | <p>1 CHICKEN ALFREDO BROCCOLI BREAD FRUIT</p> | <p>2 BEEF TIPS & GRAVY BOILED POTATOES GREEN BEANS FRUIT, BREAD</p> | <p>3 BBQ ON BUN COLESLAW TATER TOTS FRUIT</p> | <p>4 FROZEN OR DRY MEAL</p> |
| <p>7 LABOR DAY CENTER CLOSED</p> | <p>8 KEILBASA MACARONI & CHEESE PEAS FRUIT BREAD</p> | <p>9 CHEESEBURGER PICKLES BAKED BEANS CHIPS FRUIT</p> | <p>10 TERIYAKI CHICKEN RICE STIR FRY VEG FRUIT BREAD</p> | <p>11 FROZEN OR DRY MEAL</p> |
| <p>14 FROZEN OR DRY MEAL</p> | <p>15 CREAMED CHICKEN BISCUIT, MASHED POTATOES MIXED VEGETABLE FRUIT</p> | <p>16 GOULASH BROCCOLI HOT APPLES BREAD</p> | <p>17 CREOLE PORKCHOP RICE BRUSSEL SPROUTS BREAD, FRUIT</p> | <p>18 FROZEN OR DRY MEAL</p> |
| <p>21 FROZEN OR DRY MEAL</p> | <p>22 BEEF STROGANOFF CALIFORNIA BLEND VEG FRUIT BREAD</p> | <p>23 STUFFED PEPPERS BABY BAKERS GREEN BEASNS FRUIT BREAD</p> | <p>24 CHICKEN SANDWICH PICKLES, HONEY MUSTARD TATER TOTAS PEAS & CARROTS FRUIT</p> | <p>25 FROZEN OR DRY MEAL</p> |
| <p>28 FROZEN OR DRY MEAL</p> | <p>29 SLOPPY JOE TATER TOTS COLESLAW BAKED BEANS, FRUIT</p> | <p>30 BBQ CHICKEN LEGS BUTTEED POTATOES GREEN BEANS FRUIT BREAD</p> | <p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.</p> | |