

JACKSON COUNTY COMMISSION ON AGING

SEPTEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.		1 FISH SANDWICH TATER TOTS PEAS, FRUIT COCKTAIL TARTAR SAUCE	2 TACO SALAD REFRIED BEANS LETTUCE, TOMATO SOURCREAM, FRUIT	3 MINI CORDOGS POTATO WEDGES MIXED VEGETABLES PEARS
6 CENTER CLOSED LABOR DAY	7 TERIYAKI CHICKEN RICE STIR FRY VEGETABLES PINEAPPLE, BREAD	8 TUNA SALAD SANDWICH, CHIPS MACARONI SALAD COTTAGE CHEESE/FRUIT	9 GOULASH MIXED VEGETABLES GARLIC BREAD HOT APPLESAUCE	10 CHEESE BURGER BAKED BEANS CHIPS FRUIT
13 CHICKEN TENDERS BABY BAKERS BROCCOLI FRUIT, BREAD	14 HAM SWEET POTATOES GREEN BEANS BANANA, BREAD	15 KEILBASA CABBAGE BUTTERBEANS BREAD, FRUIT	16 CHEF SALAD COTTAGE CHEESE FRUIT CRACKERS, DRESSING	17 COWBOY BEANS CARROTS HOT APPLES BREAD
20 CHICKEN LEGS SCALLOPED POTATOES CORN BREAD FRUIT	21 FISH NUGGETS MACARONI & CHEESE PEAS & CARROTS BREAD FRUIT	22 CHICKEN PATTIES BABY BAKERS MIXED VEGETABLE BREAD ORANGE	HAPPY BIRTHDAY BAKED STEAK/GRAVY MASHED POTATOES GREEN BEANS CAKE HOT ROLL	24 HOT DOGS SAUCE COLESLAW BAKED BEANS CHIPS, FRUIT
27 CRAB CAKES MACARONI & TOMATOES SUCCOTASH, BREAD MANDARIN ORANGES	28 MEATBALLS SCALLOPED POTATOES CORN BREAD, BANANA	29 STUFFED PEPPERS BUTTERED POTATOES GREEN BEANS FRUIT BREAD	30 PINTO BEANS CORNBREAD MIXED GREENS HOT APPLES	RIPLEY 304-372-5151 RAVENSWOOD 304-273-5648 SANDYVILLE 304-273-2880