

JANUARY 2025

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880 KENNA 304-372-2406		1 HAPPY NEW YEAR CENTER CLOSED	2 CHICKEN TENDERS SCALLOPED POTATOES MIXED VEGETABLES FRUIT, BREAD	3 CHICKEN NOODLE SOUP GRILLED CHEESE BEETS, FRUIT, JUICE
6 CHICKEN ALFREDO CALIFORNIA BLEND VEG, GARLIC BREAD FRUIT, JUICE	7 BBQ MEATBALLS SCALLOPED POTATOES BROCCOLI, BREAD FRUIT, JUICE	8 PIZZA BREAD PEA SALAD CHIPS, FRUIT PICKLED BEETS	9 PINTO BEANS CORNBREAD GREENS, POTATOES FRUIT, JUICE	10 CENTER CLOSED FOR TRAINING
13 ITALIAN CHICKEN RICE PILAF BROCCOLI FRUIT, BREAD, JUICE	14 HAM SWEET POTATOES GREEN BEANS FRUIT, BREAD	15 CRABCAKE MACARONI & CHEESE CARROTS & PEAS BREAD, FRUIT	16 CHICKEN FAJITA RICE REFRIED BEANS FRUIT	17 CHEESEBURGER LETTUCE, TOMATO BAKED BEANS CHIPS, FRUIT
20 MARTIN LUTHER KING DAY CENTER CLOSED	21 SALISBURY STEAK MASHED POTATOES GREENBEANS BREAD, FRUIT JUICE	22 VEGETABLE SOUP CHICKEN SALAD SANDWICH BEAN SALAD FRUIT	HAPPY BIRTHDAY! HOTDOGS SAUCE COLESLAW BAKED BEANS DESSERT	24 CHICKEN SANDWICH SWEET POTATO FRIES MIXED VEGETABLES FRUIT
27 BBQ CHICKEN LEGS SCALLOPED POTATOES BROCCOLI JUICE, FRUIT BREAD	28 HAM BEAN SOUP CORNBREAD PICKLED BEETS FRUIT JUICE	29 KEILBASA BUTTERBEANS KRAUT BREAD FRUIT	30 SCRAMBLED EGGS SAUSAGE GRAVY, BISCUIT HASHBROWN APPLES, JUICE	31 PORK BBQ COLESLAW TATERTOTS BAKED BEANS FRUIT