

OCTOBER 2024

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RAVENSWOOD 304-273-5648  RIPLEY 304-372-5151  SANDYVILLE 304-273-2880  KENNA 304-372-2406	<b>1</b> SCRAMBLED EGGS SAUSAGE PATTY GRAVY, BISCUIT HASHBROWN APPLES, JUICE	<b>2</b> CREAMED CHICKEN OVER BISCUIT MASHED POTATOES MIXED VEGETABLES FRUIT, JUICE	<b>3</b> CHEESE BURGER BAKED BEANS LETTUCE, TOMATO, POTATO SALAD FRUIT	<b>4</b> TACO SALAD REFRIED BEANS SOURCREAM CHEESE, CHIPS FRUIT
<b>7</b> GARLIC HERB CHICKEN RICE PILAF SUCCOTASH BREAD, JUICE	<b>8</b> CRAB CAKES MAC & CHEESE CARROTS BREAD, BEAN SALAD	<b>9</b> HAM SWEET POTATOES GREEN BEANS BREAD, FRUIT	<b>10</b> CHILI PEANUTBUTTER SW FRUIT PICKLED BEETS, JUICE	<b>11</b> CHICKEN SANDWICH TATERTOTS CALIFORNIA BLEND VEG, FRUIT, JUICE
<b>14</b> COLUMBUS DAY CENTER CLOSED	<b>15</b> TERIYAKI CHICKEN STIR FY VEG RICE JUICE, BREAD	<b>16</b> HAM BEAN SOUP CORNBREAD CUCUMBER SALAD FRUIT, JUICE	<b>17</b> FISH SANDWICH CHEESE, BEETS COLESLAW, FRUIT SWEET POTATO FRIES	<b>18</b> SPAGHETTI CALIFORNIA BLEND VEG, GARLIC BREAD FRUIT, JUICE
<b>21</b> CHICKEN TENDERS POTATO WEDGES MIXED VEGETABLES FRUIT JUICE, BREAD	<b>22</b> VEGETABLE SOUP BOLOGNA SALAD SANDWICH BEETS FRUIT	<b>23</b> CHICKEN & NOODLES BROCCOLI BISCUIT HOT APPLES JUICE	<b>24</b> HAPPY BIRTHDAY SALISBURY STEAK MASHED POTATOES GREEN BEANS, GRAVY BISCUIT, DESSERT	<b>25</b> HOT HAM & CHEESE SANDWICH LETTUCE, TOMATO BROCCOLI SALAD FRUIT
<b>28</b> BBQ MEATBALLS SCALLOPED POTATOES BAKED BEANS BREAD FRUIT, JUICE	<b>29</b> CHICKEN/MUSHROOM GRAVY MASHED POTATOES GREENBEANS BREAD, FRUIT, BEETS	<b>30</b> PIZZA BREAD BROCCOLI SALAD POTATO SALAD FRUIT JUICE	<b>31</b> ITALIAN CHICKEN MAC & CHEESE PEAS & CARROTS JUICE BREAD, FRUIT	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS.