JACKSON COUNTY COMMISSION ON AGING

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
FISH NUGGETS	TERIYAKI CHICKEN	SWEEDISH MEATBALLS	CHEF SALAD	TURKEY CLUB WRAP
MACARONI & CHEESE	RICE	NOODLES	BOILED EGGS	LETTUCE, TOMATO
PEAS, BREAD	STIR FRY VEGETABLES	CALIFORNIA BLEND	COTTAGE CHEESE	MACARONI SALAD
FRUIT	FRUIT, JUICE	VEG, BREAD	FRUIT	FRUIT
JUICE	BREAD	FRUIT, 3 BEAN SALAD	CRACKERS	
10	11	12	13	14
PEPPER STEAK	BUTTER BEANS	BBQ CHICKEN	MEATLOAF	CHICKEN FAJITA
NOODLES	CORNBREAD	BAKED POTATO	SCALLOPED POTATOES	RICE
BROCCOLI, BREAD	COOKED CABBAGE	CARROTS	MIXED VEGETABLES	REFRIED BEANS
FRUIT, JUICE	HOT APPLES, JUICE	PICKLED BEETS	FRUIT	FRUIT
		FRUIT, BREAD	BREAD, JUICE	
17	18	19	HAPPY BIRTHDAY!	21
	KEILBASA	TOMATO SOUP	CHICKEN/ DUMPLINGS	SLOPPY JOE
PRESIDENTS DAY	KRAUT	HAM & CHEESE SW	MASHED POTATOES	TATERTOTS
CENTER CLOSED	PINTO BEANS	BROCCOLI SALAD	GREEN BEANS	COLESLAW, CORN
	FRUIT, BREAD	FRUIT	ROLL, DESSERT	FRUIT
24	25	26	27	28
CHICKEN/MUSHROOM	GREAT NORTHERN	SCRAMBLED EGGS	BBQ CHICKEN LEGS	TACO SALAD
GRAVY	BEANS	SAUSAGE	MACARONI & CHEESE	REFRIED BEANS
RICE, BROCCOLI	CORNBREAD	GRAVY, BISCUIT	PEAS & CARROTS	CHEESE, CHIPS
BREAD	MIXED GREENS,	HASHBROWN	FRUIT	FRUIT
FRUIT, JUICE	BEETS, APPLESAUCE	APPLES, JUICE	BREAD	SOURCREAM
	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE			
(Valentine's)	SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00			(Valentine's)
Day	PM TO MAKE RESERVATIONS.			Day
\',\a\',	RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151			\',\u,\u,\
	SANDYVILLE 304-273-2880 KENNA 304-372-2406			