

SEPTEMBER 2024

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>LABOR DAY CENTER CLOSED</p>	<p>3</p> <p>CRAB CAKE MAC & CHEESE PEAS & CARROTS JUICE, BREAD</p>	<p>4</p> <p>TERIYAKI CHICKEN STIR FRY VEGETABLES RICE JUICE, BREAD</p>	<p>5</p> <p>LASAGNA SOUP GARLIC BREAD SIDE SALAD FRUIT</p>	<p>6</p> <p>CHICKEN FAJITA REFRIED BEANS MEXICAN RICE, SOUR CREAM LETTUCE, TOMATO, TACO SAUCE</p>
<p>9</p> <p>BBQ CHICKEN SCALLOPED POTATOES GREEN BEANS BREAD, FRUIT, JUICE</p>	<p>10</p> <p>PINTO BEANS CORNBREAD MIXED GREENS HOT APPLES, BEETS</p>	<p>11</p> <p>CABBAGE ROLL CASSEROLE CARROTS BREAD, FRUIT, JUICE</p>	<p>12</p> <p>GARLIC HERB CHICKEN SQUASH CASSEROLE BROCCOLI BREAD, FRUIT</p>	<p>13</p> <p>SLOPPY JOE POTATO WEDGES SLAW FRUIT, JUICE</p>
<p>16</p> <p>BBQ CHICKEN LEGS MASHED POTATOES GREEN BEANS FRUIT, BREAD</p>	<p>17</p> <p>SPAGHETTI BROCCOLI GARLIC BREAD APPLESAUCE JUICE</p>	<p>18</p> <p>PORK LOIN MASHED POTATOES GRAVY, BREAD GREEN BEANS FRUIT</p>	<p>19</p> <p>ANTI PASTA SALAD WITH PEPPERONI, HAM, CHEESE, OLIVES FRUIT, CRACKERS</p>	<p>20</p> <p>FISH SANDWICH CHEESE, DRESSING SIDE SALAD SWEET POTATO FRIES FRUIT</p>
<p>23</p> <p>BBQ CHICKEN LEGS BAKED BEANS MAC & CHEESE JUICE BREAD</p>	<p>24</p> <p>SWEDISH MEATBALLS WITH NOODLES BRUSSEL SPROUTS BREAD FRUIT, JUICE</p>	<p>25</p> <p>CHICKEN TENDERS TATER TOTS CARROTS BEAN SALAD FRUIT, BREAD</p>	<p>HAPPY BIRTHDAY</p> <p>MEATLOAF SCALLOPED POTATOES GREEN BEANS DESSERT ROLL</p>	<p>27</p> <p>BACON SANDWICH LETTUCE, TOMATO MAYONAISE BROCCOLI SALAD COTTAGE CHEESE/FRUIT</p>
<p>30</p> <p>HAM SWEET POTATOES GREEN BEANS FRUIT, JUICE, BREAD</p>		<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.</p> <p>RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880 KENNA 304-372-2406</p>		