

AUGUST 2026

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 GARLIC HERB CHICKEN RICE PILAF BROCCOLI, BREAD FRUIT, JUICE	4 CHILI PEANUT BUTTER SW CRACKERS BEETS FRUIT	5 CHICKEN TENDERS MIX VEGETABLES TATER TOTS, FRUIT BREAD JUICE	6 HAMBURGER GRAVY MASHED POTATOES GREEN BEANS FRUIT BISCUIT	7 FISH SANDWICH SWEET POTATO FRIES CORN FRUIT JUICE
10 ITALIAN CHICKEN MASHED POTATOES PEAS, BREAD FRUIT, JUICE	11 PORK BBQ BAKED BEANS TATER TOTS FRUIT	12 PASTA/MEAT SAUCE BROCCOLI GARLIC BREAD FRUIT	13 BBQ CHICKEN SCALLOPED POTATOES PEAS & CARROTS FRUIT, JUICE, BREAD	14 TOMATO SOUP GRILLED CHEESE COTTAGE CHEESE BEETS, FRUIT
17 TERIYAKI CHICKEN RICE CALIFORNIA BLEND VEGETABLE FRUIT, JUICE, BREAD	18 PINTO BEANS CORNBREAD MIXED GREENS POTATOES, BEETS FRUIT	19 CRAB CAKE MACARONI & CHEESE BROCCOLI BREAD, FRUIT, JUICE	20 SALISBURY STEAK MASHED POTATOES CORN, BEETS GRAVY BREAD	21 CHICKEN SALD SANWICH CHIPS MACARONI SALAD FRUIT, 3 BEAN SALAD
24 GOULASH BRUSSEL SPROUTS GARLIC BREAD FRUIT, JUICE	25 CHICKEN & DUMPLINGS CARROTS, PEAS BREAD, FRUIT	26 SAUSAGE GRAVY EGGS, HASHBROWN SAUSAGE PATTY BISCUIT, HOT APPLES JUICE	HAPPY BIRTHDAY TURKEY STUFFING GREEN BEANS ROLL DESSERT	28 PIZZA BREAD POTATO SALAD BEETS FRUIT JUICE
31 HAM SWEET POTATOES GREEN BEANS BREAD, JUICE		MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. RIPLEY 304-372-5151 RAVENSWOOD 304-273-5648 SANDYVILLE 304-273-2880 KENNA 304-372-2406		

