

JULY 2025

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880 KENNA 304-372-2406	1 BUTTERBEANS CORNBREAD GREENS, POTATOES BEETS FRUIT	2 SLOPPY JOE TATER TOTS BAKED BEANS SLAW FRUIT	3 CREAM CHICKEN MASHED POTATOES MIXED VEG BISCUIT FRUIT JUICE	4 4 TH OF JULY CENTER CLOSED
7 CRAB CAKE MAC & CHEESE, BEETS CARROTS, BREAD FRUIT TARTER SAUCE	8 TOMATO SOUP GRILLED CHEESE COTTAGE CHEESE PEA SALAD FRUIT	9 TERIYAKI CHICKEN RICE CALIFORNIA BLEND VEG, BREAD FRUIT, JUICE	10 PORK BBQ BAKED BEANS TATERTOTS SLAW FRUIT	11 CHICKEN SALAD SANDWICH TOSSED SALAD CHIPS, FRUIT THREE BEAN SALAD
14 SWEEDISH MEATBALLS EGG NOODLES BROCCOLI, FRUIT CARROTS, BREAD	15 GARLIC HERB CHICKEN BAKED POTATO GREEN BEANS BREAD, FRUIT, JUICE	16 GREAT NORTHERN BEANS CORNBREAD CABBAGE, POTATOES BEETS, FRUIT	17 SCRAMBLED EGGS SAUSAGE PATTY, JUICE GRAVY, HASHBROWN BISCUIT, APPLES	18 PIZZA BREAD PASTA SALAD CARROT RAISIN SALAD CHIPS, BEETS, FRUIT
21 KIELBASA KRAUT BUTTER BEANS FRUIT, BREAD	22 COWBOY BEANS CALIFORNIA BLEND VEGETABLE FRUIT, BREAD PICKLED BEETS	23 TUNA SALAD SANDWICH CARROT SALAD MACARONI SALAD FRUIT, JUICE	HAPPY BIRTHDAY! CHICKEN DUMPLINGS MASHED POTATOES GREEN BEANS BISCUIT, JUICE, DESSERT	25 TACO SALAD REFRIED BEANS SOUCREAM CHIPS FRUIT
28 BBQ CHICKEN LEGS SWEET POTATOES MIX VEGETABLES 3 BEAN SALAD BREAD, FRUIT	29 SALISBURY STEAK MASHED POTATOES GREEN BEANS BREAD, FRUIT JUICE	30 ITALIAN CHICKEN BAKED POTATOES BROCCOLI FRUIT BEETS, BREAD	31 CHEESEBURGER BAKED BEANS TATER TOTS LETTUCE, TOMATO PICKLES, FRUIT	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS.