JULY 2025

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
RAVENSWOOD 304-273-5648	BUTTERBEANS	SLOPPY JOE	CREAM CHICKEN	
RIPLEY 304-372-5151 SANDYVILLE 304-273-2880	CORNBREAD	TATER TOTS	MASHED POTATOES	4 [™] OF JULY
KENNA 304-372-2406	GREENS, POTATOES	BAKED BEANS	MIXED VEG	CENTER CLOSED
	BEETS FRUIT	SLAW FRUIT	BISCUIT FRUIT JUICE	
7	8	9	10	11
CRAB CAKE	TOMATO SOUP	TERIYAKI CHICKEN	PORK BBQ	CHICKEN SALAD
MAC & CHEESE, BEETS	GRILLED CHEESE	RICE	BAKED BEANS	SANDWICH
CARROTS, BREAD	COTTAGE CHEESE	CALIFORNIA BLEND	TATERTOTS	TOSSED SALAD
FRUIT	PEA SALAD	VEG, BREAD	SLAW	CHIPS, FRUIT
TARTER SAUCE	FRUIT	FRUIT, JUICE	FRUIT	THREE BEAN SALAD
14	15	16	17	18
SWEEDISH MEATBALLS	GARLIC HERB CHICKEN	GREAT NORTHERN BEANS	SCRAMBLED EGGS	PIZZA BREAD
EGG NOODLES	BAKED POTATO	CORNBREAD	SAUSAGE PATTY, JUICE	PASTA SALAD
BROCCOLI, FRUIT	GREEN BEANS	CABBAGE, POTATOES	GRAVY, HASHBROWN	CARROT RAISIN SALAD
CARROTS, BREAD	BREAD, FRUIT, JUICE	BEETS, FRUIT	BISCUIT, APPLES	CHIPS, BEETS, FRUIT
21	22	23	HAPPY BIRTHDAY!	25
KIELBASA	COWBOY BEANS	TUNA SALAD	CHICKEN DUMPLINGS	TACO SALAD
KRAUT	CALIFORNIA BLEND	SANDWICH	MASHED POTATOES	REFRIED BEANS
BUTTER BEANS	VEGETABLE	CARROT SALAD	GREEN BEANS	SOUCREAM
FRUIT, BREAD	FRUIT, BREAD	MACARONI SALAD	BISCUIT, JUICE,	CHIPS
	PICKLED BEETS	FRUIT, JUICE	DESSERT	FRUIT
28	29	30	31	MEALS ARE FUNDED IN
BBQ CHICKEN LEGS	SALISBURY STEAK	ITALIAN CHICKEN	CHEESEBURGER	PART BY METRO AAA.
SWEET POTATOES	MASHED POTATOES	BAKED POTATOES	BAKED BEANS	EEOC. ALL MENUS ARE
MIX VEGETABLES	GREEN BEANS	BROCCOLI	TATER TOTS	
3 BEAN SALAD	BREAD, FRUIT	FRUIT	LETTUCE, TOMATO	
BREAD, FRUIT	JUICE	BEETS, BREAD	PICKLES, FRUIT	TO MAKE RESERVATIONS.
EGG NOODLES BROCCOLI, FRUIT CARROTS, BREAD 21 KIELBASA KRAUT BUTTER BEANS FRUIT, BREAD 28 BBQ CHICKEN LEGS SWEET POTATOES MIX VEGETABLES 3 BEAN SALAD	BAKED POTATO GREEN BEANS BREAD, FRUIT, JUICE 22 COWBOY BEANS CALIFORNIA BLEND VEGETABLE FRUIT, BREAD PICKLED BEETS 29 SALISBURY STEAK MASHED POTATOES GREEN BEANS BREAD, FRUIT	CORNBREAD CABBAGE, POTATOES BEETS, FRUIT 23 TUNA SALAD SANDWICH CARROT SALAD MACARONI SALAD FRUIT, JUICE 30 ITALIAN CHICKEN BAKED POTATOES BROCCOLI FRUIT	SAUSAGE PATTY, JUICE GRAVY, HASHBROWN BISCUIT, APPLES HAPPY BIRTHDAY! CHICKEN DUMPLINGS MASHED POTATOES GREEN BEANS BISCUIT, JUICE, DESSERT 31 CHEESEBURGER BAKED BEANS TATER TOTS LETTUCE, TOMATO	PASTA SALAD CARROT RAISIN SA CHIPS, BEETS, FR 25 TACO SALAD REFRIED BEAN SOUCREAM CHIPS FRUIT MEALS ARE FUNDED PART BY METRO AD EEOC. ALL MENUS SUBJECT TO CHANGE PLEASE PHONE AHEA DAY BEFORE BY 1:00