

AUGUST 2025

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS.  RIPLEY 304-372-5151    RAVENSWOOD 304-273-5648 SANDYVILLE 304-273-2880    KENNA 304-372-2406				1 Turkey Club Sandwich Lettuce Tomato Pasta Salad Juice
4 Spaghetti w/meat sauce Broccoli/ Fruit Garlic Bread	5 Pinto Beans Cornbread/ Cabbage Potatoes/Beets Fruit	6 Cream Chicken Mashed Potatoes Mixed Vegetables Biscuit/Fruit/Juice	7 Sloppy Joes Tater tots/Baked Beans Slaw/Fruit	8 Chicken tenders Sweet potato fries Spinach salad Fruit/Bread
11 BBQ Meat Balls Scalloped Potatoes Baked Beans Fruit/Bread/Juice	12 Chicken w/Mushroom Gravy Mashed Potatoes Green Beans/Fruit Beets/ Bread	13 Pizza Bread Cucumber Salad Potato Salad Fruit/Juice	14 Italian Chicken Macaroni & Cheese Peas & Carrots Bean Salad/Fruit Bread	15 Fish Sandwich Slaw/Tator tots Mixed Vegetables Fruit
18 Kielbasa/Cabbage Butterbeans Fruit/ Bread	19 Ham/Sweet Potatoes Green Beans/Beets Fruit/Bread	20 Chicken Tenders Baked Potato/Broccoli Sour Cream/Fruit/Juice	21 Scrambled eggs Sausage Patty/Gravy Hash browns/Apples Biscuit/Juice	22 Chicken Fajita Nachos Lettuce/Tomatoes Mexican rice/black beans/Fruit
25 Salisbury Steak Mashed Potatoes Green beans/Fruit Bread	26 BBQ Chicken legs Potato wedges/Sweet pepper slaw/Fruit Bread/ Juice	27 Crab Cake Macaroni & Cheese Broccoli/ Slaw Fruit/ Bread	HAPPY BIRTHDAY! Anti Pasta Salad Lettuce/tomato/olives Peppers/ham/pepperoni Fruit/crackers	29 Chicken Salad Sandwich Tossed Salad/Chips/ 3 bean salad/fruit