



American  
Heart  
Association®

## BLS – Heartsaver Instructor Course

January 10, 2025  
0900-1600



[www.SMRTraining.com](http://www.SMRTraining.com)

*Are you looking for a way to make extra income while serving your community? Are you BLS or Heartsaver certified? If so, this course is designed for you. Come learn from our AHA Faculty and start your journey to become an American Heart Association Instructor.*

### PREREQUISITES:

1. Current certification in discipline of desired instructor level
2. Proficiency at certification level
3. Completion of AHA Instructor Essentials Online course
  - **HS Essentials 20-1418**
  - **BLS Essentials 20-1420**
4. Completion of online AHA 2025 Instructor & Product Update Course
  - **HS Update 25-1633**
  - **BLS Update 25-1612**

### REQUIRED MATERIALS:

- HS Instructor Manual 25-1185
- BLS Instructor Manual 25-1103

**COST:** Heartsaver Instructor – \$300  
Basic Life Support Instructor – \$350

**LOCATION:** Acorn to Oak Pediatrics  
1025 Hwy 80  
Haughton, LA 71037

**Email for more info:** [info@SMRTraining.com](mailto:info@SMRTraining.com)

### ***Which courses will I be able to teach?***

#### **HEARTSAVER**

- First Aid, CPR, AED
- CPR, AED
- First Aid
- Pediatric First Aid, CPR, AED
- Heartsaver K-12
- Friends & Family CPR
- Bloodborne Pathogens

This group of courses is for anyone with limited to no medical training and is intended to satisfy regulatory requirements for CPR, AED, and First Aid training.

#### **BASIC LIFE SUPPORT**

This course is intended to train professional healthcare personnel to manage life-threatening cardiovascular emergencies according to the most current ECC guidelines.



*BLS Instructors may instruct Heartsaver and BLS courses. BLS Instructor candidates are only required to complete the BLS Instructor Essentials course but must complete the Heartsaver & BLS Instructor Update courses.*

## COURSE CONTENT:

- Overview of recently published AHA 2025 Guidelines
- How to navigate Atlas
- Heartsaver instructor materials and equipment
- BLS Instructor materials and equipment
- Organizing and teaching Course
- Written exam & skills testing
- Instructor renewal
- Training site specifics
- HeartCode BLS and Blended Learning
- Hands-Only CPR
- Manikin Maintenance and Decontamination

## PROCESS OF BECOMING A BLS INSTRUCTOR:

- Be accepted to the SMR AHA Training Site prior to enrolling in the Instructor Course and complete Instructor Candidate Application.
- Have current AHA BLS Provider or Heartsaver certification and be proficient in all required skills.
- Prior to class, complete the BLS or Heartsaver Instructor Essentials Online and print the Certificate of Completion.
- Successfully complete the BLS/Heartsaver classroom Instructor Course.
- Successfully complete the AHA 2025 curriculum update.
- Be monitored by AHA Faculty while teaching a BLS/HS course. This will be accomplished during the afternoon portion of the class.
- Register and pay for the course
- Bring copies of all required documents and materials to class.

## TRAINING CENTER ALIGNMENT:

American Heart Association requires Instructor Candidates to align with an authorized Training Center that is accepting new Instructors when signing up for an Instructor Course. The CPR Lady Training Center automatically aligns all Instructors who take The CPR Lady Instructor Courses and does not charge an additional alignment fee.

The **BLS/Heartsaver Instructor Essentials** course is designed to prepare Instructor the instructor candidate to teach AHA Instructor-led and blended learning courses, show how to adequately use AHA Instructor teaching materials, ensure that students meet learning objectives, offer student coaching skills, provide an objective skills performance evaluation, and follow AHA Instructor and course policies. The Instructor Essentials Course is an online, self-directed, and discipline-specific course. This course is administered and paid for through AHA. Candidates seeking BLS Instructor only need to complete the BLS Instructor Essentials course.



**The American Heart Association** is authorized to offer AMA Credit Designation Statement to Physicians, AAPA Credit Acceptance Statement to Physician Assistants, AANP Credit Acceptance Statement to Nurse Practitioners, ANCC Credit Designation to Nurses, ACPE Credit Designation Statement to Pharmacists, Continuing Education Accreditation to Emergency Medical Services for the **BLS Instructor Essentials**. Credits are claimed on the AHA website but there are time limits of 30 days to 6 months depending on the accrediting agency.

## PRE-CLASS CHECK LIST

### ■ **Course Registration & Payment (Deadline Jan 1, 2026)**

- Heartsaver Instructor Course **\$300**
- BLS Instructor Course **\$350**

### ■ **Complete TC Instructor Candidate Application**

### ■ **Heartsaver Only Track:**

- Complete Heartsaver Instructor Essentials Course
  - <https://shopcpr.heart.org/heartsaver-instructor-essentials-online>
- Complete AHA 2025 Instructor & Product Update
  - <https://elearning.heart.org/bundle/250104>
- Purchase Heartsaver Instructor Manual
  - <https://shopcpr.heart.org/heartsaver-first-aid-cpr-aed-instructor-manual>

### ■ **BLS Track:**

- Complete BLS Instructor Essentials Course
  - <https://shopcpr.heart.org/bls-instructor-essentials-online>
- Complete AHA 2025 Instructor & Product Update
  - <https://elearning.heart.org/bundle/250101>
  - <https://elearning.heart.org/bundle/250104>
- Purchase BLS Instructor Manual
  - <https://shopcpr.heart.org/bls-instructor-manual>

### ■ **Print copies of the following documents:**

- AHA Certification Card
- Instructor Essentials Certificate
- 2025 Instructor & Product Update Certificate(s)

SMR Training Solutions

AHA BLS Instructor



Scan to Pay

SMR Training Solutions

Heartsaver Instructor



Scan to Pay

HEARTSAVER Pay link

<https://7bef70d6-7610-4f36-99cf-28752a96e47a.paylinks.godaddy.com/148ce5fe-b396-4503-89b4-c1a>

BLS Pay link

<https://7bef70d6-7610-4f36-99cf-28752a96e47a.paylinks.godaddy.com/AHABLSInstructor>

