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**Seconds matter.
Acting quickly
saves lives.
See inside.**

NONPROFIT ORG
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PAID
National
Safety
Council

Emergencies will happen. Be prepared!

You'll be ready to handle any first aid challenge when you complete NSC first aid courses. Our courses exceed OSHA best practices for first aid and CPR.

See inside and learn more
nsc.org/firstaid





Know how to act quickly. It saves lives.

NSC First Aid Training

The expert first aid training you and your employees need to respond fast in a medical emergency

See inside or visit
nsc.org/firstaid



Take the right action in a medical emergency

If someone isn't breathing they can suffer brain damage in just 4 minutes. That's why it's critical to train employees properly so first aid can be provided quickly and effectively.

For decades, NSC has trained people so they're ready for urgent medical situations. It's the very best in first aid education so you can feel confident you and your employees are prepared to act decisively.

Training that fits your needs

Choose the course that's best suited to your requirements along with the first aid supplies you need to keep people safe. NSC first aid courses are a nationally recognized program that exceeds OSHA best practices for CPR and first aid guidelines. Get started today!



Order today
nsc.org/fatraining

What you learn could save a life

Sign up to get certified in first aid so you're prepared for an injury, heart attack, overdose and other medical emergencies. The life you save could be a co-worker or loved one. By choosing NSC, you'll know you received the very best first aid education and are prepared to act decisively.

In 2022 63 million people - about 1 in 5 - sought medical attention for an injury.

Get hands-on training

NSC First Aid, CPR & AED



Classroom



eLearning



Blended



On-site

Taught in a dynamic, hands-on way, this course provides the knowledge employees need to effectively and efficiently act in a medical emergency. It's available in a classroom setting or online and can be customized to your industry.

Participants learn how to recognize and take action in a medical emergency, handle breathing and cardiac emergencies, prevent disease transmission, care for bleeding wounds and more.

Recognize and care for common emergencies

NSC First Aid



Classroom



eLearning



Blended



On-site

Learn how to recognize common medical emergencies and care for an injury or illness until professional help arrives. Participants will also understand how to treat life-threatening poisonings or choking situations, address sudden illness, rescue and move victims and more.

Be prepared to use an AED

NSC CPR & AED



Classroom



eLearning



Blended



On-site

Survival rates double when an AED is combined with CPR. This course uses a combination of instructor, video self-instruction and hands-on training to ensure employees are ready to respond in a medical emergency. Learn how to take action, assess the victim, provide basic life support and use an AED. The course meets all current CPR guidelines, so you'll be well prepared.

Guard against infectious diseases

NSC Bloodborne & Airborne Pathogens



Classroom



eLearning



On-site

Safeguard employees who could be exposed to blood and other potentially infectious materials. In this course, participants learn the fundamentals of bloodborne pathogens including essential information on hepatitis viruses and HIV. You'll also see how to prevent infection and learn about airborne pathogens including tuberculosis.

Act quickly in a suspected overdose

Naloxone for Suspected Opioid Overdose



eLearning

This **FREE** training teaches how to use naloxone for a suspected opioid overdose. It's a short 30-minute course to help you identify the signs and systems of an opioid overdose, administer naloxone in the case of a suspected opioid overdose and include naloxone in your workplace safety plan.



Sign-up for trainings or purchase supplies at
nsc.org/firstaid

Become a first aid instructor

NSC Instructor Development Courses



Classroom



eLearning

These courses can be taken in-person or via eLearning. Once complete, you'll be able to teach NSC courses, use scenario-based learning to engage participants, teach using a combination of videos and hands-on learning, and more. For more information, visit nsc.org/fainstructor

"My husband collapsed at home last year. I performed CPR for 10 minutes until EMS arrived and he survived! CPR works and I am so grateful for the knowledge I gained as an NSC CPR/FA instructor."

Mary V.
San Rafael, CA



Supplies to help keep employees safe

Ideal for the workplace, NSC First Aid products are easy to order and store.



First Aid Kits

that are portable, weatherproof and ANSI 2021 compliant.



First Aid Cabinets

stocked with a large variety of quality first aid products catering to all common injuries.



AEDs

and other first aid supplies that go with them.

Contact your local NSC Chapter or call (800) 621-7619