

In honor of National CPR and AED Awareness Week, ECSI wants to know...

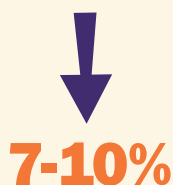
Are you prepared to save someone's life?



Approximately 300,000 people in the United States experience an out-of-hospital cardiac arrest each year.



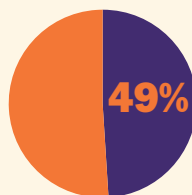
Approximately 4 out of 5 sudden cardiac arrests happen at home.



When the heart stops beating, a victim's chance of survival decreases by 7-10% for every minute that defibrillation is delayed.



In the United States, someone has a heart attack every 34 seconds.



About half of Americans (49%) have one of three key risk factors that increase their chances for heart disease or having a heart attack:

- high blood pressure
- high LDL cholesterol
- smoking

Other medical conditions and lifestyle choices that can put people at risk include diabetes, obesity, and excessive alcohol use.

Few victims experiencing sudden cardiac arrest outside of a hospital survive, unless a rapid sequence of events takes place in the first few minutes:

1. Recognition and Action
2. CPR
3. Defibrillation
4. Advanced Care



Sources: Emergency Care & Safety Institute, Centers for Disease Control and Prevention (CDC).

Learn life-saving skills today. Be prepared to help others in need tomorrow.

To enroll in this course or learn more, contact:



www.SMRTTraining.com

This course is offered by the Emergency Care & Safety Institute in association with the American College of Emergency Physicians (ACEP) and the American Academy of Orthopaedic Surgeons (AAOS).



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