Advanced Cardiovascular Life Support
Adult High-Quality BLS
Skills Testing Checklist

American Heart Association®

Student Name _____ Date of Test _____

Hospital Scenario: "You are working in a hospital or clinic, and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Out-of-Hospital Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation
☐ Checks responsiveness   ☐ Shouts for help/Activates emergency response system/Sends for AED
☐ Checks breathing   ☐ Checks pulse

Once student shouts for help, instructor says, "I am going to get the AED."

Compressions   *Audio/visual feedback device required for accuracy*
☐ Hand placement on lower half of sternum
☐ Perform continuous compressions for 1 minute (100-120/min)   _____ (number of compressions)
☐ Compresses at least 2 inches (5 cm)
☐ Complete chest recoil. (Check if using a feedback device that measures chest recoil)

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

AED (follows prompts of AED)
☐ Powers on AED   ☐ Correctly attaches pads   ☐ Clears for analysis   ☐ Clears to safely deliver a shock
☐ Safely delivers a shock   ☐ Shocks within 45 seconds of AED arrival

Resumes Compressions
☐ Ensures compressions are resumed immediately after shock delivery
• Student directs instructor to resume compressions *or*
• Second student resumes compressions

STOP TEST

Instructor Notes
• Place a check in the box next to each step the student completes successfully. • If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results Circle **PASS** or **NR** to indicate pass or needs remediation:	**PASS**	**NR**
Instructor Initials _____ Instructor Number _____ Date _____		