

# Training Bulletin:

## 2020 AHA Guidelines Heartsaver® Instructor Essentials



<b>Original Release Date</b>	<b>March 4, 2021</b>
<b>Purpose</b>	To provide direction for program management of the 2020 AHA Guidelines Heartsaver Instructor Essentials Blended Learning Course.
<b>General Information</b>	<p>The AHA has developed new Heartsaver Instructor Essentials Course materials to aid in providing quality and consistency in all AHA Heartsaver Instructor training. The new Heartsaver Instructor Essentials Course prepares instructor candidates to teach 2020 Guidelines version Heartsaver Courses.</p> <p>The Heartsaver Instructor Essentials Course is delivered in a blended learning format. AHA Heartsaver instructor candidates first complete the online portion, followed by a hands-on session conducted by Basic Life Support (BLS) Faculty. Heartsaver instructor candidates must then be successfully monitored by BLS Faculty within six months to receive their AHA Heartsaver Instructor card.</p> <p>Effective June 15, 2021, only the new Heartsaver Instructor Essentials materials can be used for conducting Heartsaver Instructor Essentials Courses.</p>
<b>Requirements For AHA BLS Faculty and Current Heartsaver Instructors</b>	<p><b>AHA Faculty</b></p> <ul style="list-style-type: none"> <li>To maintain consistency in Heartsaver Instructor training, all BLS Faculty who teach Heartsaver Instructor Essentials Courses are required to complete the online portion of the 2020 Guidelines Heartsaver Instructor Essentials Blended Learning Course.</li> </ul> <p>This requirement must be met prior to conducting any 2020 Guidelines version Heartsaver Instructor Essentials Courses or performing any activity as AHA BLS Faculty.</p> <p><b>Current AHA Instructors</b></p> <ul style="list-style-type: none"> <li>The AHA does not require current AHA Heartsaver Instructors to complete any components of the new Heartsaver Instructor Essentials Course to maintain their Instructor status.</li> <li>However, Instructors who wish to add the Heartsaver discipline will be required to complete the online portion of the Heartsaver Instructor Essentials Blended Learning Course, and to print the certificate of completion.</li> <li>Training Center Coordinators can require current Instructors to complete any component of the new Heartsaver Instructor Essentials Course to ensure consistency within the Training Center.</li> </ul>

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<b>Requirements for Instructor Candidates</b>	<p>To become an AHA Heartsaver Instructor, Heartsaver instructor candidates must</p> <ol style="list-style-type: none"><li>1. Be accepted by an AHA Training Center before enrolling in a Heartsaver Instructor Essentials Course and have a completed Instructor Candidate Application on file with the accepting Training Center.</li><li>2. Have a current Heartsaver First Aid CPR AED card and be proficient in all the skills of Heartsaver provider status.</li><li>3. Successfully complete the Heartsaver Instructor Essentials Course (both the online and classroom/hands-on portions). Students must print the certificate of completion from the online portion for entry into the classroom/hands-on portion.</li><li>4. Successfully be monitored teaching their first course within six months of completing the discipline-specific classroom Instructor Course (Training Center Coordinators can require additional monitoring if needed).</li><li>5. Register on the AHA Instructor Network and be confirmed by your primary Training Center for issuance of your Instructor ID number, which must be used to issue provider eCards.</li></ol>
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