

BLS Renewal Course Agenda

**6 students, 2 BLS Instructors; student-to-instructor ratio 3:1; student-to-manikin ratio 1:1;
total time: approximately 4 hours (with breaks)**

The student-to-instructor ratio and student-to-manikin ratio are suggestions for optimal student learning. For more information about instructor-to-student ratio, please refer to Part 2: Preparing for the Course in the Instructor Manual.

Time	Lesson
8:00-8:05	Lesson 1: Course Introduction
8:05-8:25	Lesson 2: 1-Rescuer Adult BLS Chain of Survival Practice While Watching: 1-Rescuer Adult BLS
8:25-8:45	Lesson 3: Bag-Mask Device and AED Bag-Mask Device Practice While Watching: Bag-Mask Device AED Students Practice: AED
8:45-8:59	Lesson 4: 2-Rescuer Adult BLS 2-Rescuer Adult BLS Practice While Watching: 2-Rescuer Adult BLS Students Practice: 2-Rescuer Adult BLS With AED
8:59-9:04	Break
9:04-9:34	Lesson 5: High-Performance Teams Team Dynamics High-Performance Teams High-Performance Teams Activity Students Practice: Team Activity (A minimum of 3 students is highly recommended to support team dynamics course objectives.)
9:34-9:49	Lesson 6: Special Considerations Mouth-to-Mouth Breaths Breaths and Ventilations Practice While Watching: Breaths and Ventilations Breaths With an Advanced Airway Opioid-Associated Emergency Maternal Cardiac Arrest Drowning
9:49-9:54	Break
9:54-10:08	Lesson 7: Child BLS Child BLS 2-Rescuer Child BLS Practice While Watching: 2-Rescuer Child BLS
10:08-10:25	Lesson 8: Infant BLS Infant Compressions Practice While Watching: Infant Compressions Bag-Mask Device for Infants Practice While Watching: Bag-Mask Device for Infants 2-Rescuer Infant BLS Practice While Watching: 2-Rescuer Infant BLS

Time	Lesson
	Students Practice: Infant High-Performance Teams Activity (Optional)
10:25-10:33	Lesson 9: Local Protocols Discussion (Optional)
10:33-10:42	Lesson 10: Relief of Choking Adult and Child Choking Infant Choking Practice While Watching: Infant Choking
10:42-10:45	Lesson 11: Conclusion
10:45-11:25	Lesson 12: Skills Test Adult CPR and AED Skills Test Infant CPR Skills Test
11:25-11:50	Lesson 13: Exam
11:50-12:00	Lesson 14: Remediation Skills Testing Remediation Exam Remediation