

Pool Rules: Swimming Lessons



The Parlour pool has been designed to provide a clean and safe swimming experience for its users. To keep everyone safe the following rules apply to all bathers. Please be aware the pool has CCTV for your safety and that of the teachers. Anyone seen breaking the pool rules will be asked to leave the pool and may lose any future bookings.

1. Please refer to the changing room guidance on your invoice. Morning lessons and afternoon lessons may vary.
2. Children with **LONG HAIR** must tie their hair up and/or use a swimming hat.
3. Children in the after school/Saturday lessons should bring goggles.
4. Children must wear appropriate clothing for their lesson, swimming costumes or swimming shorts. No long board shorts please. It is very hard to swim in long shorts and hinders children's progress.
5. No **RUNNING**
6. If you attend lessons where you get in with your child e.g. Adult and Child, please do not bring unaccompanied siblings to the pool. Siblings are not permitted to wait poolside or upstairs unless accompanied by a responsible adult.
7. Please do not eat before lessons.
8. No pushchairs inside the building.
9. Children may enter the pool area 1-2 minutes before their lesson and wait quietly on the bench. Please do not enter the pool area any earlier as it disrupts the ongoing lesson.
10. Please arrive no earlier than **5mins before** your lesson and leave promptly **10mins afterwards**. This ensures there is sufficient parking for all.
11. The pool has limited parking so please ensure you travel to the pool in a single vehicle.
12. If your child needs the lavatory during their lesson and is under 8years old you will need to supervise them.
13. Parents must remain on site during swimming lessons.
14. No **FOOD OR DRINK** in any downstairs areas, apart from bottled water. Please act sustainably and have reusable water containers.
15. Please ensure all outdoor footwear is removed as you enter the building or use the overshoes provided.
16. Please **SHOWER BEFORE YOUR LESSON**. This allows the Parlour Pool to use fewer chemicals which provides a better bathing experience for all.
17. Eating (**SMALL SNACKS ONLY**) and drinking is only permitted upstairs in the waiting area. Please ensure you keep this area clean and leave it as you found it.
18. **Do not allow your child to swim if they have a contagious illness (including diarrhoea). Please ensure you wait at least 48 hours since the last episode before entering the swimming pool. Please do not attend classes if your child has Covid-19 symptoms.**
19. **No GLASS** in The Parlour Pool building. This includes shampoo, drinks bottles etc
20. Young children who still wear nappies must wear a double nappy system in the pool.
21. Bathers must take used nappies away with them.
22. The Parlour Pool is a **SMOKE FREE** building. NO smoking in or around the building.

23. Keep all exits and entrances clear.
24. Pool users must park considerately in the allocated parking area. Pool users must not access any part of the working dairy farm.
25. Please notify the owners immediately of any damage to the pool or equipment.
26. Do not allow dogs out of vehicles. Do not leave animals unattended in your vehicle.
27. Please drive with extreme caution at all times – children, animals and farm machinery are in the vicinity.
28. Cars are parked at owner's risk.
29. All external doors and windows in the pool room must remain closed as this maintains the important temperature balance within the pool complex. Do not alter any settings or switches.
30. Please check the notice board for any information regularly and amendments to the rules.
31. If you wish to view the pool outside of your normal lesson time please ensure you email and make an appointment to do so. The pool is a private facility used throughout the day by various groups and there is strictly no entry outside of your booked slot.
32. **THE PARLOUR POOL PRIDES ITSELF IN PROVIDING A CLEAN AND SAFE SWIMMING FACILITY. PLEASE LEAVE THE VENUE AS YOU FOUND IT AND YOU WOULD LIKE TO FIND IT. PLEASE REPORT ANY ISSUES TO THE DUTY MANAGER.**