

APPETIZERS

HOUSE-MADE CHIPS AND SALSA	5
GUACAMOLE DE LA CASA	14
Fresh avocados, tomatoes, lime juice, cilantro, serrano chiles and our special blend of spices.	
SPICY CRISPY CHICKEN WINGS	15
Spicy chicken wings, served with ranch dressing and celery sticks.	
CANTINA CHICKEN WINGS	15
Sweet, with a little heat. Our secret house recipe! Served with ranch dressing and celery sticks.	
PANCHITOS	14
Crispy corn tortillas topped with spicy Cantina beans, beef, chicken, jalapeño peppers and melted cheese. Served with guacamole, sour cream and salsa fresca.	
QUESO FUNDIDO	14
Monterey Jack cheese, chorizo, jalapeños and ranchero sauce, served with warm tortilla chips.	
SUPER NACHOS	17
Freshly made corn tortilla chips with spicy Cantina beans, melted cheese, jalapeños and salsa fresca. Served with guacamole and sour cream.	
NACHOS MAGNÍFICO	Steak 24 Chicken 19
Our Super Nachos with chicken or fajita steak and sautéed bell peppers and onions. Topped with sour cream, salsa fresca and guacamole.	
FLAUTAS	15
Crispy corn tortillas filled with your choice of chicken, shredded beef or combo. Topped with sour cream, salsa fresca and guacamole.	
MEXICAN CALAMARI	¡TRY CON FUEGO! 17
Tender pieces of calamari, lightly battered and fried to perfection.	
CHINGALINGAS	15
Crispy flour tortilla filled with chicken breast, sweet peppers, onions and cheese. Served with sour cream, salsa fresca and guacamole.	
COCTEL DE CAMARON	19
Shrimp, avocado, tomato, red onion and cilantro in a spicy tomato broth.	
MUCHO COMBO	25
Samples of the very best! Spicy Wings, Quesadilla Original, Flautas and Super Nachos. Served with salsa fresca, sour cream and guacamole.	

SOPAS Y ENSALADAS

Your choice of Ranch, Blue Cheese, Soy-Ginger, Herb Vinaigrette, Cilantro-Lime Vinaigrette or Caesar.

CHICKEN TORTILLA SOUP	Cup 7 Large Bowl 10
Chunky chicken in a light broth with salsa fresca, avocado, cilantro and cheese.	
CASA GREENS	6
CAESAR SALAD	14
Crisp romaine lettuce, shredded parmesan cheese and herb croutons. Chicken 19 • Shrimp 20 • Salmon 24 • Steak 24	
CHINO CHICKEN SALAD	20
Grilled marinated chicken breast on mixed greens with tomatoes, avocado, red bell pepper, green onions, slivered almonds and jicama. Served with our own soy-ginger dressing.	
TACO SALAD	19
In a crispy tortilla shell with chicken ranchero or shredded beef, lettuce and warm black beans. Topped with cheese, salsa fresca, avocado, tomatoes and sour cream.	
FAJITA TOSTADA	Vegetable 18 • Steak 24 • Salmon 24 • Chicken 20
Your choice of grilled vegetables, chicken breast or skirt steak in a flour tortilla shell. Filled with warm black beans, crisp lettuce, tomatoes, Monterey Jack and cheddar cheese, salsa fresca, sour cream and guacamole.	
FIESTA SALAD	Steak 24 Chicken 20
Strips of grilled chicken breast or skirt steak mixed with romaine lettuce, tomatoes, jicama, sweet peppers, black beans and corn. Topped with tortilla strips. Served with cilantro-lime dressing.	
COBB SALAD	20
Grilled chicken breast, Applewood smoked bacon, salsa fresca, avocado, hard-cooked egg, and blue cheese crumbles with ranch dressing.	

ALL NATURAL LEMONADE

FRUIT LEMONADES 7  
Strawberry • Raspberry • Mango

A living wage surcharge of 4% will be added to each guest check. This will allow us to provide the food and service you have enjoyed for over four decades at The Cantina in Mill Valley.

20% gratuity will be added to parties of six or more.

www.thecantina.com

“SIGNATURE” SIZZLING FAJITAS

Served with sautéed bell peppers and onions, salsa fresca, sour cream, cheese, guacamole, Mexican rice, sweet corn cake and your choice of beans.

	For One	For Two
BREAST OF CHICKEN	27	52
SKIRT STEAK	34	66
SHREDDED PORK CARNITAS	27	52
FRESH VEGETABLES	24	46
BLACKENED SHRIMP	30	58
PORTOBELLO MUSHROOM	25	48
COMBINATION OF ANY 2	32	62

¡FAJITAS CON FUEGO!

Fresh grilled jalapeños, sautéed with your fajita selection – add 2

CANTINA SPECIALTIES

Served with Mexican rice, sweet corn cake & your choice of beans (unless otherwise noted).

ARROZ CON POLLO	25
Tender chicken breast sautéed with fresh vegetables and ranchero sauce. Served on Mexican rice.	
CHICKEN CILANTRO	25
Strips of chicken breast sautéed with garlic, onions, white wine and green tomatillo sauce. Served on fried corn tortillas, topped with Jack cheese.	
CHILE VERDE	25
Chunks of tender pork simmered with onions, chiles and peppers in a tomatillo-cilantro sauce. Topped with sour cream.	
FISH TACOS	Snapper 22 Salmon 23
Blackened fresh snapper or salmon in corn tortillas, topped with salsa fresca, chipotle cream and lettuce.	
SHRIMP TACOS	23
Sautéed spicy Gulf of Mexico shrimp in hand-crafted multi-grain tortillas with chipotle cream, lettuce, salsa fresca and avocado.	
CARNITAS	25
Shredded tender pork, marinated vegetables, Cantina sauce, guacamole and salsa fresca.	
CAMARONES RANCHEROS	25
Gulf of Mexico shrimp sautéed with fresh vegetables, white wine and ranchero sauce. Served with cilantro-lime basmati rice.	
VISTA DEL MAR	26
Fresh fish, sweet jumbo scallops and Gulf shrimp sautéed with peppers, onions and garlic in a white wine ranchero sauce. Topped with melted cheese and served over a bed of cilantro-lime basmati rice.	
FRESH SALMON	25
Fresh grilled salmon, cilantro-lime basmati rice and seasonal vegetables, served with tequila-lime butter. Topped with mango salsa.	
CANTINA BURGER	15
Half pound ground chuck, Certified Black Angus Beef. Served with lettuce, red onions, tomato and Cantina fries. Add: Monterey Jack, cheddar cheese, guacamole, bacon, sautéed bell peppers & onions – \$1.25 each	
STEAK PICADO	28
Chunks of New York Sirloin, Certified Black Angus Beef. Sautéed with bell peppers, onions, tomatoes, herbs, ranchero sauce and red wine.	
CARNE ASADA	34
A thick cut of New York Steak, Certified Black Angus Beef. Grilled to order and served with a green cheese enchilada.	

LUNCH ESPECIALES

SERVED UNTIL 3:00 PM DAILY	
HUEVOS RANCHEROS	16
Three eggs on a corn tortilla, refried beans and ranchero sauce. Topped with salsa fresca, sour cream.	
BREAKFAST BURRITO	16
Warm tomato tortilla filled with scrambled eggs, melted Jack cheese, your choice of bacon, chorizo, chicken or fresh spinach & mushrooms. Served with salsa fresca, sour cream and guacamole.	
GRILLED CHICKEN SANDWICH	18
Tender marinated chicken breast, guacamole, melted Jack cheese, and tomato. Served on a toasted roll, with Cantina fries	
BBQ PORK SANDWICH	18
Slow-cooked tender pork tossed in our smoky BBQ sauce, served on a toasted roll, with Cantina fries and jicama slaw.	
STEAK SANDWICH	20
Sliced marinated skirt steak with Jack cheese, sautéed sweet peppers, onions, and chipotle aioli. Served on a toasted roll, with Cantina fries or small green salad.	

ENCHILADAS ESPECIALES

Served with Mexican rice, sweet corn cake and your choice of beans.

ENCHILADAS DE LA CASA	22
Two corn tortillas filled with spicy ground beef, chicken or cheese. Topped with mild chile sauce and melted cheese.	
ENCHILADAS SUIZAS	22
Two corn tortillas filled with cheese or chicken. Topped with green sauce and sour cream.	
ENCHILADAS RANCHEROS	Uno 18 Dos 22 Tres 26
Corn tortillas filled with fresh chicken, then covered with ranchero sauce and melted cheese. Garnished with guacamole and sour cream.	
TRES COLORÉS	26
A combination platter featuring a cheese enchilada suiza, a chicken enchilada ranchero and a ground beef Cantina enchilada.	
CANTINA ENCHILADAS	Uno 18 Dos 22 Tres 25
Ground beef enchiladas topped with onions, jalapeño peppers and black olives, covered with mild chile sauce and melted cheese.	
VEGGIE ENCHILADAS	19
Two corn tortillas filled with fresh seasonal vegetables, one with green sauce, one with red sauce. Topped with sour cream and guacamole.	

COMBINACIONES MEXICANAS

Served with Mexican rice, sweet corn cake and your choice of beans.

TACO AND ENCHILADA	23
A chicken, beef or shredded beef crispy taco, and an enchilada with red or green chile sauce.	
CHILE RELLENO AND TACO	23
A chile relleno topped with ranchero sauce, melted cheese, and a beef or chicken taco.	
CHILE RELLENO AND ENCHILADA	23
A chile relleno topped with ranchero sauce and melted cheese, and a chicken, beef or cheese enchilada.	
CHILE RELLENO AND TAMALE	23
A chile relleno topped with ranchero sauce and melted cheese, and your choice of a Farmers’ Market Tamale.	
CREATE YOUR OWN THREE-ITEM COMBO	26
CREATE YOUR OWN TWO-ITEM COMBO	23

QUESADILLAS

Served with sides of salsa fresca, sour cream and guacamole.

ORIGINAL	16
With cheddar cheese, Monterey Jack, green onions and mild chiles.	
SPINACH & MUSHROOM	18
Whole-wheat tortilla with fresh sautéed spinach, mushrooms, Monterey Jack cheese and mild chiles.	
CHICKEN & VEGGIE	19
Whole-wheat tortilla with grilled chicken breast, fresh seasonal vegetables, mild chiles and Monterey Jack cheese.	
FAJITA	Chicken 19 Steak 24
Grilled chicken breast or skirt steak, Monterey Jack cheese, sautéed bell peppers and onions, mild chiles.	
CARNITAS	19
Tender pork with Monterey Jack cheese, jalapeños and salsa fresca.	
BLACKENED SHRIMP	22
Gulf of Mexico shrimp with mild chiles, green onions and Monterey Jack cheese, in a mild chile-tomato tortilla.	
BBQ SHRIMP	22
Gulf of Mexico shrimp marinated in Cantina BBQ sauce. Served in a mild chile-tomato tortilla, with Monterey Jack cheese, fresh spinach and mushrooms.	

SIDES

RICE	5	AVOCADO SLICES	5
BEANS	5	CORN CAKES	4
GUACAMOLE	6	EXTRA TORTILLAS (3)	2
SOUR CREAM	2	JALAPEÑOS	2
CHEESE	2	SALSA FRESCA	3



WE SERVE ONLY USDA CHOICE  
CERTIFIED ANGUS BEEF, EXCEPTIONAL  
QUALITY FROM RANCH TO TABLE