

## 7 Day Itinerary for Oahu with Small Children

### Day 1: Welcome to your New, Beautiful Hawaiian Home



Arrive in Honolulu and check-in to your hotel or vacation rental

Explore Waikiki Beach and the surrounding area, letting the kids splash around in the ocean and build sandcastles. Waikiki is surrounded by amazing food and scenic views.

Pro Tip: The first day is a great time to get settled in and enjoy a beach day. If you arrive early in the morning and are tired and worried about the time change. Just head to the beach and enjoy, try to stay awake and if not, just take a nap on the beach. It's very safe and totally okay :)

If you have energy and time,

Visit the Honolulu Zoo and see the unique animals that call Hawaii home

Day 2:







Take a gentle hike in the Makapuu Lighthouse Trail and enjoy the stunning views of the Pacific Ocean. Makapuu is great for families and small children. Since the whole trail is paved, it's great for strollers and kids with a lot of energy. Make sure to bring water and extra snacks, you can picnic at the top with an amazing view.

Visit the Waikiki Aquarium and learn about the marine life in Hawaii



Take a ride on the Waikiki Trolley to see the sights around the city

Day 3:

Drive to the North Shore of Oahu and visit the Polynesian Cultural Center, where the kids can learn about Polynesian culture and play interactive games

Enjoy a traditional Hawaiian Luau and experience Polynesian dancing



Watch the sunset at Sunset Beach





Day 4:

Take a surf lesson at Waikiki Beach or Relax on Sherwoods beach.



Sherwoods is a local favorite, just remember to take your trash, be respectful and enjoy your time there

Take a sunset catamaran cruise and enjoy the breathtaking views of the coastline





Day 5:

If you haven't yet, head over to the Honolulu Zoo and Aquarium, where kids can see and learn about a variety of animals and sea creatures



Return to the hotel for some pool time and relaxation

Enjoy a family-friendly dinner at a local restaurant





We would recommend Sky Waikiki for an amazing sunset view, or you can't go wrong with Marugame Udon.

If your kids are picky eaters, there's a cheesecake factory right near the beach, but if at all possible, encourage them to step outside of their comfort zones and try Hawaiian food!

Day 6:

Explore the Koko Crater Trail, if you can't make it up, you can only go part way up with the children to take in the panoramic views of the island. Be warned this hike is not an easy one, but with a bit of resilience and cold water, it's totally possible.







Another amazing option is just across the street at hanauma bay ridge. This one is a bit different than hanauma bay itself as its the ridge above, overlooking the beautiful bay.



Take a turtle canyon catamaran and let the kids snorkel with the turtles. It will be a memory nobody will ever forget.



Day 7:

Head to the east side of the island to the Botanical Gardens. The name is Hoomaluhia. It's a great idea to bring snacks or pick-up food on the way and have a picnic there. The views are amazing!





Relax on the beach and soak up the sun before departing the island

Lanikai beach is one of the most beautiful in the world and is only 20 minutes from the botanical garden.

We hope you enjoy your time in Paradise and we look forward to seeing you next time.

Welcome to the Ohana!