

A Workshop for the Mind, Body, and Soul of All Ages

Saturday, May 25th, 2024

Children's Workshop (6yo-10yo)

10:00am - 12:30pm

Youth Workshop (11-17yo)

1:30pm - 4:00pm

775 Sunrise Ave, Ste. 240

Roseville, CA 95661

\$55

Saturday, June 22nd, 2024

Adults (18yo+): 10am-1:30pm

At the Royal Stage Studio:

1220 Melody Lane #100

Roseville, CA 95678

\$65

Lead by Justine Hoff, LMFT