

# Adoration of the Christ Within

**SCRIPTURES:** Luke 2:7; Psalm 91:1; Luke 2:7-14

**Today is Inner Christmas.** The real purpose for Celebrating Christmas is Awakening to the Christ Light in your Soul. Christmas is a chance to Catch a Glimpse of the Majesty of your Soul.

**1. The Heart IS your Altar where you meet God.** Move into your Heart & feel the Spirit of Christmas within you. In your Heart internalize the Story & Feel the Birth of Jesus happening inside you.

**2. Prepare the Manger of your Heart for the Birth:** Humility is the doorway thru which Majesty awakens. Prepare the Manger of your heart by Embracing Humility: Clear any anger, fear judgment, discontent, or sadness Out of your Consciousness. Image yourself sweeping out your “Inner Stable” & preparing the Manger of your heart to receive a Divine Gift. Humble your Personal Self: *“I am willing to become less so that the Christ Spirit can become more & take command of my being.”* *“This Outer Self is not who I am. And something Greater is awakening in me.”* Feel the “SACREDNESS” of your Inner Being... *“I am on Holy Ground.”*

**3. “Follow the Star”** – Reach toward the Light of Life at the Center of your Being. Follow the point of Light Inward. Then Rest in this Light at the center of your being. Sit in the Silence of “BEing” in God’s Presence”.

**4. Generate Excited EXPECTATION that something wonderful is about to awaken within me.** Affirm: “A wonderful Awakening is happening within me” & await the experience.

**5. Allow GLORY to arise within you & overwhelm you.** Feel the Glory that rises out of the Silence within.

**6. Allow Yourself to get lost in the Glory of Life.** Image yourself as the Shepherd encountering the Angelic Host. Feel this wonderful Spirit of Peace & Harmony quietly lying underneath all of life, even the turmoil around us. Embrace the Glory of God moving thru everything as the radiant Light of Life.

**7. Turn Within & embrace the Majesty Within you – your Soul.** Realize: Your Eternal Self is Magnificent – Totally dwarfing the importance of your Outer Human Self. Image your Christ Self born into Awareness within the Manger of your Heart. Savor the wonder of your Christ Self within in absolute Adoration. Commit to SERVE this Higher Identity. Feel absolute Gratitude to God for the Majesty within you.