

#1



# Following your Divine Guidance

#2



#2

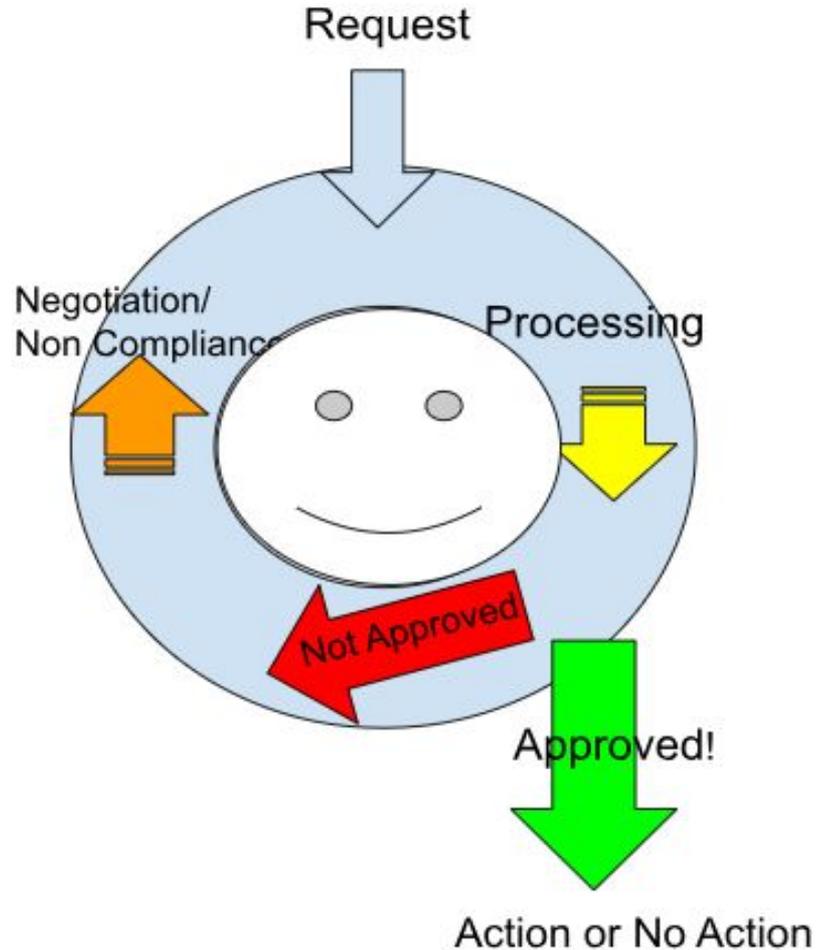
# Following Guidance

#3

- It requires **trust**.
- It requires **openness**.
- It requires **understanding** or clarity.
- It requires **alignment** with one's will.
- It requires **compliance**.

# The Process

#4



#4

# Your Nature- How you were wired

#5



# Your Nurture- How you were raised

#6



# Your Free Will- How you choose #7



#7

# The Two Toolkits

## TERRESTRIAL GUIDANCE TOOLKIT

Our Mind- Use of logic & intellect

Our Body- Use of our senses & strength

Our Relationships- family, friends, culture

Our Data- books, computers, literature

## CELESTIAL GUIDANCE TOOLKIT

God, Holy Spirit & Jesus Christ

Your Angels

Prayer & Meditation

Divine Intuition & Spiritual Gifts

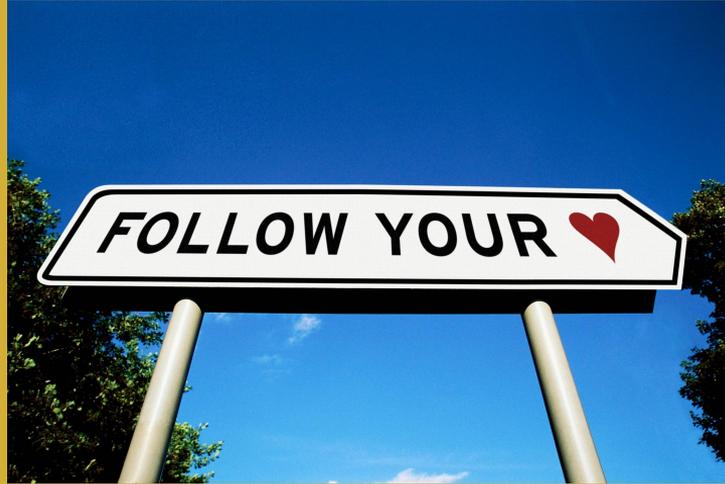
# How God Gets Our Attention

#9

SIGNS



MESSAGES



EXPERIENCES



# How God Gets Our Attention

#10

WHISPER



NORMAL VOICE



The SHOUT



#11



#12



#13



# Spiritual Truths About Guidance

#14



**Acts 5:29** - "We must obey God rather than human beings."

**Proverbs 3:5-6** - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."



**ACIM- Lesson 24-** I do not perceive my own best interests.

**James 1:22** - "But be doers of the word, and not merely hearers who deceive themselves."



**Deuteronomy 28:1-2-** If you fully obey the Lord your God and carefully follow all His commands, the Lord will set you high above all the nations on earth, and all these blessings will come upon you

# Our Experience with Guidance

## When We Disregard Our Guidance...

Noise & unrest follows.

Resistance, struggle & friction.

We feel disconnected from God.

Life feels heavier and overwhelming.

## When We Follow Our Guidance..

We have peace and clarity.

There is ease & flow in our work.

We feel supported and aligned.

Life feels lighter, joyful, harmonious.

*"If you are willing and obedient, you shall eat the good of the land."*

— Isaiah 1:19

# ABCD'S to Following Your Guidance

1

## ACKNOWLEDGE

Acknowledge the resistance and friction points.

2

## BE CURIOUS

Observe the patterns- the signs, messages & experiences.

3

## COMMUNICATE

Communicate with Spirit through prayer for clarification & confirmation.

4

## DISCERN

Observe what you hear in prayer & meditation, scripture & counsel.

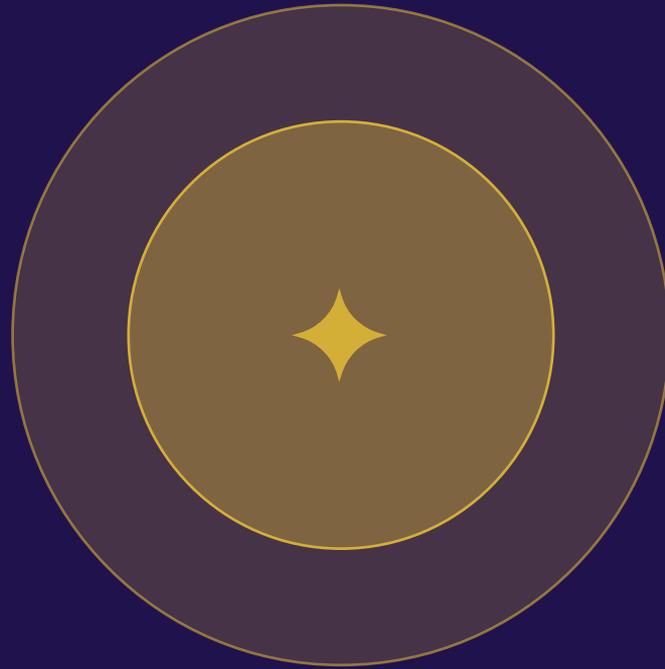
5

## SURRENDER & STEP FORWARD

Move in faith even when the full picture isn't clear.

*“Trust in the LORD with all thine heart; and lean not unto thine own understanding.*

*In all thy ways acknowledge him, and he shall direct thy path.” - **Proverbs 3: 5-6***



## **MEDITATION & VISUALIZATION**

*"Be still, and know that I am God." — Psalm 46:10*