

God in Nature

SCRIPTURES: John 8:12; Psalm 24:1; Job 12:7-9

Nature has always been one of our greatest “Spiritual Teachers”. Spiritual Experiences thru nature generally show us the “Glory of God”. They all take you closer to God. God is LIFE (everywhere present – even in the vacuum). The Light of Life is found at the center of your being. But it also is found in everything around you. When we find the “Light of Life” in NATURE, it: Strengthens us, connects us to God & enables us to face our Human World with a Hidden Reserve. When Humanity seems to have strayed FAR from the “Light of Life”, a time “Immersed In Nature”, will give you the strength you need to “Regain your Spirituality”.

Practices for Feeling Close to God thru Nature

- 1. Share “Life Energy” with Nature:** Lay on the Ground – Feel the earth’s strength rising thru you; Hold your Hands out & Absorb the Power & Energy in the Wind; Hug a Tree - Feel it’s life force & your bond with it; At Night, Sit Quiet in the Dark & Feel the Presence in the Stillness; Realize – There is Energy to Experience & Share in Everything Life has to offer (*whether Human Beings have labeled it dead or alive*).
- 2. Meditate on Nature to awaken to God:** Meditate by “Listening to the Buzz of Life”; Listen until you can feel the “Basic Vibration of the Earth” (Especially, in the Dark in Middle of Night; when Human Vibration = quietest); Practice ADORATION with any form of Nature: Sunrise: Feel Energy of the day erupting & optimism of Black & White world turning into Color; Sunset: Feel the Emotions of the Sunset; a Tree (feel tree-ness); Expand as you feel the vastness of the Sky, Stars, Universe.
- 3. Experience God as Beloved; & Nature as your Lover’s Body:** The Beauty of Nature is God (as Beloved) Flirting w/ you; Your Special Person is God’s gift of love to you. Feel the Sensuality of Nature’s Beauty; Embrace a valley, a mountain, seashore, open plain, or a dense forest as a Higher Form of Life whom you can love & have a Personal Relationship with (10,000 yrs. vs. your 100 yrs.). Love Fully the Land upon which you live; Retreat in Nature’s Loving Embrace to prepare to do whatever you must do in life.
- 4. Allow NATURE to become one of your True Spiritual Teachers:** Pay attention to Where in Consciousness, Nature takes you. The Lessons Nature can teach are often absorbed on an Energetic Level. Affirm: “*Nature is my friend & is opening me to more & more of the Glory of life.*” Realize: “I serve Life wherever I find it in this planet, because I serve the Light of Life, the Spirit that moves thru everything that is.” Always look to Nature as your teacher & absorb its “Timeless Peace” when you need it most.