

Letting Go of Control

SCRIPTURES: Matt. 6:8 & 28-30; Matt. 5:39&41; Job 42:10&12; Matt. 16:24

Today we are exploring “Learning to Trust the Flow”; Knowing *“I am not in control, but God is... & God is bringing me what I need, even when it isn’t what I want.”* You are NOT in Control; but “God is in charge of my life & All is well!” (in spite of appearances).

3 Levels of Surrender:

1st is Surrender your Challenges, Difficulties, & Prayer needs to God. *“Let God & Let God!”*

Be prepared to Accept the Answer that comes.

2nd is Surrender your Whole Life to God. *“My life is Not my own. It belongs to God.” “Father, Thy Will, not mine, be done.”*

3rd is Surrender of your Personal Identity. *“I am not this personal self. I am an Eternal Soul. A Child of God.” & “This world cannot harm me.”* Surrender at a Level that you are ready to embrace & life will respond. Remember: *“I may not get what I want. But I will get what I Need!”*

Suggestions for Letting Go of Control & Surrendering to God:

1. Every day affirm: “God is in Charge of my Life & All is Well!” “I am not in Control. God Is! And God will bring me What I Need!” Learn to Trust the Flow. *“In spite of any appearances to the contrary, the Universe is on my side & I am being led to my Highest Good!”*

2. Each day, consciously put your problems, needs, & desires in God’s Hands & wait on the Universe to respond. “Let Go & Let God take on your Prayer Projects”. Keep Vigilant for the Universe responding.

3. Do Not let the “Perfect” become the Enemy of the “Good”! Accept what the universe offers you, even if it isn’t exactly what you hoped for. Condense your Prayer Request down to the Sp. Energies you desire. Then, Consider if an answer the Universe is offering, carries the same energies you are looking for, though it may not take the form you expected. Accept what is given even if it falls short, it may lead to something more!

4. Overcome your Own Stubbornness or need to control (“I want what I want!”), and Pray: “God, Thy will be done in my life.” Realize *“God is always leading me toward my Highest Good, even when I cannot see it.”* Accept where you are in life & Know -God will carry me thru this to Something Greater.

5. Practice “Accepting” your world with all it’s flaws & even seeming darkness, knowing that in spite of all appearances, God is still there with you. When go thru really dark times, hold fast - Realization *“God is my source in all things.”* until your breakthrough comes. Master Acceptance by each day, Accepting this world as it is, with all its Beauties & Atrocities. Just Feel Accepting of whatever humanity must go thru to evolve.

6. Always, BE GRATEFUL for whatever Life brings you! Gratitude places you in the midst of the Flow of God's Good. And when things are worst, we need most to Be in that Flow.