



### **Who are we?**

We are Outreach Langar! A local, community focused charity that seeks to improve and benefit our community through the Sikh ideal of 'Langar'. We do this by providing fresh, prepared meals to anyone in the community who needs them.

Langar is a key tenet of Sikhism and symbolises the desire of all Sikhs to eradicate hunger and dedicate either time or resources to their local community at all levels. Langar is available to all those who need it and we will distribute anyone who needs or asks for this as long as we have anything to offer.

### **What do we do?**

Langar is regularly delivered directly at the Gurdwara, but at Outreach Langar we wanted to bring this out directly to the community around us so that this is as accessible and available as possible.

As a charity we are run by volunteers who work with us from preparation to distribution and are dedicated to helping their community through our work.

Equality is at the forefront of our work and efforts; we offer food to any and all people, always free of charge.

### **Where and how do we do this?**

We will provide this regularly and at various locations around Leamington Spa and hope to build a predictable structure so that our contribution can be consistent and expectable.

Sikhism is about this community & communal spirit and returning our efforts to the people and areas around us, regardless of their faith.

Any community centres or locations that would like to help we are happy to work alongside you – please get in touch with us or our volunteers.

Tel: 01926 350355

Website: [outreachlangar.com](http://outreachlangar.com)

Email: [outreachlangar@gmail.com](mailto:outreachlangar@gmail.com)

Donations are welcome:

Account: HSBC Outreach Langar

Sort code: 40-18-57

Account Number: 40714275

