

ZK Skin Essentials

Informed Consent RF Thermo-coagulation Treatment

Name: _____ Date: _____

I authorize Žavinta Kalvinskaite to perform the procedure. Radio frequency (RF) treatment may dramatically reduce darkly pigmented sunspots, skin tags, moles, sebaceous hyperplasia, cholesterol deposits, unwanted hair and small spider veins (telangiectasia). More than one RF session may be necessary to achieve desired results. However, other treatments, including skin care products, are often needed to blend color, reduce sun damage, and give the best results.

The treated skin may be red and swollen with, thin scabs. Keep the treated area covered with Caladryl, Polysporin or Bacitracin until the thin scab falls off. This process can take anywhere 1-3 weeks to heal completely. It could take as long as 1-3 months in some rare cases. Do not scratch the scab, as that can cause scarring and prolong the healing time.

You must be off Accutane for more than 6 months to resume treatment.

Individuals using ANTICOAGULANTS should be noted. **The following problems may occur with treatment:**

- **Micro Scarring:** The RF system can create a bruise and/or moderate burn or blister to the skin. For an effective treatment, the RF energy may cause the skin to scab up, then the healing time can make the skin red. There is a slight risk of micro scarring.

- Hyper-pigmentation (browning) and Hypo-pigmentation (whitening) have been noted after the treatment, especially with individuals with thin/frail skin and darker complexions (Fitzpatrick IV-V). This usually resolves within weeks, but it can take as long as 1-3 month in some rare cases. Permanent color change is also a rare risk. If you have a lot of color in your skin, a skin lightening cream will be advised to reduce the melanin in your skin before the treatment. Avoiding sun exposure after the treatment is crucial to reduce the risk of color change.
- Allergic reactions: in rare cases, local allergies may occur, preservatives used in cosmetic or topical preparations, have been reported. Systemic reactions may result from prescription medications. Allergic reactions may require additional treatment.
- Bleeding: Pinpoint epidermal bleeding is rare but can happen following RTF treatment procedures. Should bleeding occur, additional treatments might be necessary.
- Infection: Although infection following the RF treatment is unusual, bacterial, fungal, and viral infections can occur if the area is picked on or not kept clean. Herpes simplex virus infection around the mouth can occur following a RF treatment. Should any type of skin infection occur, additional treatment including antibiotics might be necessary. If you have a history of herpes simplex virus in the treatment area we recommend preventative therapy.
- Skin tissue Pathology: Energy directed at the skin lesions may potentially vaporize the lesion. Only clearly benign pigmented lesions can be treated. Check with your dermatologist for clearance to proceed with the treatment, if the lesion has changed in color, size, extremely elevated or is painful to the touch.

Wear the broad spectrum SPF 25 sunscreen or higher before and after the treatment to protect the skin.

I understand I may need multiple treatments for the desired outcome.

Compliance with the aftercare guidelines is crucial for healing, prevention of scarring, hyper and hypo pigmentation.

Post care observation: Client may need to return to the office in 7-10 days for the RF professional to observe the treatment.

Occasionally, unforeseen problems may occur and an additional appointment may be needed. We will make every effort to accommodate your day and time preference. Please be understanding if we cause you any inconvenience.

Acknowledgment:

My questions regarding the procedure have been answered satisfactorily. I understand the procedure and accept the risks. I hereby release the ZK Skin Essentials professional operating ThermoClear device, and the treatment facility from all liabilities associated with the above-indicated procedure.

Client/ Guardian Signature _____ Date _____

ThermoClear Technician Signature _____ Date _____

[ZK Skin Essentials](#)

www.zkskinessentials.com

[Tel: 917 945 2324](tel:9179452324)