

## CLASSES 2026

**👶 Baby Ballet: Ages 18 months–3**

A playful introduction to dance with a parent or caregiver involved. Parents stay in the room while children explore movement, music, balance and coordination together. Builds confidence and comfort, preparing children for independent classes when ready.

**👧 Kinder Ballet: Ages 3–4**

*Drop-off class*

A gentle independent class for children ready to dance on their own. Focuses on imagination, music, coordination and basic ballet foundations through creative movement and songs. Prepares students for Pre-Primary Ballet and the ISTD pathway.

**👦 Pre-Primary Ballet: Ages 4–6**

The first structured level of the ISTD Imperial Classical Ballet syllabus. Introduces basic ballet positions, simple barre and centre work, musicality and expressive movement.

**👦 Primary Ballet: Ages 5–7**

Continues the ISTD syllabus, building on Pre-Primary foundations. Develops posture, alignment, coordination and musical awareness in an age-appropriate way.

**👦🌟 Primary Tap & Jazz: Ages 5–7**

An introduction to both styles.

Students learn basic tap rhythms (ISTD), introductory jazz technique (Southern Federation of Dance), musicality and performance skills.

**👦👧 Grade 1 & 2 Ballet: Approx. Ages 7–9**

Introduces more structured ballet training. Focus on posture, turnout awareness, coordination, musicality and confidence through simple barre and centre work.

**👦🌟 Level 1 & 2 Tap & Jazz: Approx. Ages 7–9**

Builds foundational skills with increased structure.

Clear tap sounds and simple rhythms (ISTD), basic jazz technique, turns and flexibility (SFD).

**👦👧 Grade 3 & 4 Ballet: Approx. Ages 9–11**

Focuses on refining technique and developing strength and control. Includes more complex exercises, improved balance, turns, allegro and expressive performance.

**👦🌟 Level 3 & 4 Tap & Jazz: Approx. Ages 9–11**

Introduces longer combinations and increased stamina.

Faster tap rhythms, stronger jazz technique, turns, jumps and performance quality.

**👦👧 Grade 5 & 6 Ballet: Approx. Ages 11–14+**

The final graded level, bridging graded ballet and Senior Ballet. Focuses on refinement, artistry and technical confidence, with preparation for ongoing ballet or pointe work (where suitable).

**👦🌟 Level 5 & 6 Tap & Jazz: Approx. Ages 11–14**

More physically demanding with a focus on refinement.

Advanced tap patterns, clarity of sound, strong jazz technique, flexibility, coordination and stage presence.

**👦👧 Senior Ballet: Ages 14+ (including adult recreational dancers)**

A supportive, low-pressure class for older students. Focuses on strength, alignment, musicality and artistry, with options for varying experience levels.

**👦🌟 Senior Tap & Jazz: Ages 14+ (including adult recreational dancers)**

A fun, supportive class for older and returning dancers.

Maintains technique and musicality while building strength, coordination and confidence.

♥ Placement note: Age ranges are a guide only. Placement is based on age, experience and readiness.