

Marriage Counseling Assessment 1

Client Name: _____

Date: _____

1. What were the roles you observed in your parents' marriage?
2. What did your parents appear to expect from each other?
3. What did you learn about being a husband/wife?
4. How much closeness / distance did you see in your parents' marriage?
5. How did your parents handle their anger and conflict?
6. Did you parents show their affection/intimacy openly?

7. How did your parents order their priorities among self, marriage, children, and work?

8. What emotions were encouraged, allowed, not allowed, denied, said to be bad?

9. Were there any traumas in your parents' marriage such as affairs, incest, unresolved grief, or psychological and medical problems?

10. What did you learn about intimacy from your parents?