**TELE-MENTAL HEALTH**

I use a program called VSee for the platform for my tele-health sessions. Vsee is a HIPPA compliant face-to-face video chat that most insurances accept and reimburse for. During the health pandemic some insurances allow me to use other non-HIPPA compliant platforms like FaceTime and Google Duo.

\*\*\*Understand that using FaceTime and Google Duo, are not regarded as HIPPA compliant, but can be used at this time if you do not want to download VSee.

Those insurances that accept tele-health will only be charged their co-pay, co-insurance, or deductible (depending on what your payment for each session is).

Using Tele-health services:

1. I will need the e-mail address you will be using to create the account. (or phone number for face-time or google duo)
2. If I am billing your insurance, you will need to verify that you are in the state of Virginia.
3. You will need to verify the address and location you are at during the session.
4. Agree you oversee keeping your sessions private and secure.

Please initial all that may apply:

\_\_\_\_ I plan to use VSee as the form of tele-health services for tele-health

\_\_\_\_ I plan to use (Google Duo/ Facetime) as my primary form of tele-health services, understanding it is not considered a HIPPA compliant platform, and that my therapist has offered one, which I have declined to use.

\_\_\_\_ I plan to use VSee as the primary platform for tele-health, but if there are problems using it, I will use (Google Duo/ Facetime) as an alternative, understanding that using it is not HIPPA compliant

I agree to follow these rules to use the tele-health option.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed name Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail address that will be used