

# When oral ADs have your patients going in circles, it's time for a different approach

After inadequate response to 2 or more oral antidepressants (ADs) – treatment-resistant depression (TRD) – the same treatment modality may not be enough

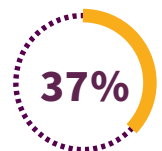
Based on the STAR\*D trial:



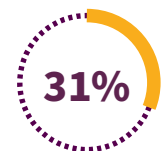
1 in 3 patients **do not respond to oral ADs alone**<sup>1</sup>



1 in 3 patients are highly unlikely to achieve remission\* on the third round of oral ADs alone<sup>1</sup>



First Line



Second Line



Third Line

Currently approved ADs can take **4 to 6 weeks** for patients to feel the full effects of the medication.<sup>2</sup>

\*Remission is defined as a score of  $\leq 5$  on the Quick Inventory of Depressive Symptomatology–Self-report (QIDS-SR<sub>16</sub>).

Please see additional Important Safety Information throughout this brochure, and full Prescribing Information, including Boxed WARNINGS, and Medication Guide for SPRAVATO®.

**Spravato**®  
(esketamine) CIII  
28 mg nasal spray

- A different treatment approach
- FDA approved for over 4 years
- Nasal spray formulation

### Indications:

SPRAVATO® (esketamine) CIII Nasal Spray is indicated, in conjunction with an oral antidepressant, for the treatment of:

- Treatment-resistant depression (TRD) in adults.
- Depressive symptoms in adults with major depressive disorder (MDD) with acute suicidal ideation or behavior.

### Limitations of Use:

- The effectiveness of SPRAVATO® in preventing suicide or in reducing suicidal ideation or behavior has not been demonstrated. Use of SPRAVATO® does not preclude the need for hospitalization if clinically warranted, even if patients experience improvement after an initial dose of SPRAVATO®.
- SPRAVATO® is not approved as an anesthetic agent. The safety and effectiveness of SPRAVATO® as an anesthetic agent have not been established.

### Important Safety Information (continued)

#### CONTRAINDICATIONS

**SPRAVATO® is contraindicated in patients with:**

- Aneurysmal vascular disease (including thoracic and abdominal aorta, intracranial and peripheral arterial vessels) or arteriovenous malformation.
- History of intracerebral hemorrhage.
- Hypersensitivity to esketamine, ketamine, or any of the excipients.

#### WARNINGS AND PRECAUTIONS

**Sedation:** SPRAVATO® may cause sedation or loss of consciousness. In some cases, patients may display diminished or less apparent breathing. In clinical trials, 48% to 61% of SPRAVATO®-treated patients developed sedation and 0.3% to 0.4% of SPRAVATO®-treated patients experienced loss of consciousness.

Because of the possibility of delayed or prolonged sedation, patients must be monitored by a healthcare provider for at least 2 hours at each treatment session, followed by an assessment to determine when the patient is considered clinically stable and ready to leave the healthcare setting.

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