CRUZ AND ASSOCIATES, LLC

Book Recommendation List

Atkins, Charles. Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders. (2014)

Blaustein, Margaret and Kinniburgh, Kristine. *Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience though Attachment, Self-Regulation, and Competency.* (2019)

Briere, John and Scott, Catherine. *Principles of trauma Therapy: A Guide to Symptoms, Evaluation, and Treatment*. (2015)

Tedeschi, Richard and Moore, Bret. *The Posttraumatic Growth Workbook: Coming Through Trauma Wiser, Stronger, and More Resilient* (2016)

Schupp, Linda. Assessing and Treating Trauma & PTSD. (2015)

Walsh, Joseph. Theories for Direct Social Work Practice. (2013)

Ringel, Shoshana and Brandell, Jerrold. *Trauma: Contemporary Directions in Trauma Theory, Research, and Practice (Second Edition)* (2020)

Miller, Alice. The Drama of the Gifted Child; The Search for the True Self. (1997)

Harris, Nadine Burke. *The Deepest Well: Healing the Long-Term Effects of Childhood Adversity.* (2018)

Van Der Kolk, Bessel. The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma. (2014)