

# Cruz and Associates, LLC

## Virtual Learning Series



### Spring 2021 Webinar Series:

- March 20** *Beyond Cutting: An In-depth look at Self Injury*
- April 21** *Understanding and Exploring the Trauma of Undocumented Immigrants*
- May 27** *Ethical and Cultural Issues in a Health Care Setting*

[veronicacruz.com/webinars](http://veronicacruz.com/webinars)





## Webinars

*Step into the world of Virtual Learning*

While many things have been deferred your CEU requirements have not. Stay a step ahead, be proactive and check your workshops requirements off your to do list. Continue to foster and focus on your professional growth by adding to your clinical toolbox with our Spring webinars.



*Cruz and Associates* is approved by the Maryland and Virginia Board of Social Work Examiners to provide Category I and ethics CEU's.

*Let's practice social distancing by staying connected  
with our upcoming webinars.*



March 20, 2021  
9:00am – 1:15pm

**Beyond Cutting: An In-depth look  
at Self Injury**  
**4 Category I CEU's**

This workshop will examine the various forms of self-injuries behavior that go beyond cutting. It is estimated that two million people in the United States injure themselves in some way. Various issues will be discussed including but not limited to propensity, forms of injury, risk factors, brain development, co-morbidity, non-suicidal self-injury diagnosis and treatment modalities. This is an interactive workshop with case scenarios presented and discussed. This workshop will also examine the differences and similarities between self-injurious behavior and suicidal ideations and attempts. Participants will use current literature and case examples to explore the importance of understanding best treatment modalities.



April 21, 2021  
1:00pm- 5:15pm

**Understanding and Exploring the  
Trauma of Undocumented  
Immigrants**

**4 Category I CEU's**

This workshop goes beyond politics and focuses on this already highly marginalized, stigmatized population and explores the trauma(s) of the undocumented immigrant. Participants will discuss the various forms of traumas experienced by this population; explore migration narrative, impact of trauma, trauma symptoms, acculturation/assimilation and treatment recommendations. This is an interactive workshop where case vignettes will be presented and discussed.



May 27, 2021  
5:00pm- 8:15pm


### Ethical and Cultural Issues in a Health Care Setting

**3 Category I CEU's**

*\*Eligible CEU's for Social Work & LCPC credit*

This workshop will explore the numerous ethical and cultural issues that can arise in a healthcare setting. An emphasis will be placed in exploring ethical and cultural issues to enhance and improve ethical responsibilities and reduce ethical violations. This workshop will discuss common practice areas that raise ethical dilemmas and explore the code of ethics and propose various ethical decision-making models that can be utilized to resolve these ethical conflicts. A focus will be on analyzing various ethical codes: Maryland Board of Social Work Examiners (Title 10, .03 & .06) to the National Association of Social Workers Code of Ethics (1.01, 1.04, 1.05 & 3.02). Explore issues on: code of ethics, cultural considerations, ethical framework model, and best practice techniques. This is an interactive workshop where cases vignettes will be presented and participants will work in a group setting to further maximize their understanding of the concepts presented.

### Registration Fees

March 20: Beyond Cutting	\$80
April 21: Trauma of Undocumented Immigrants	\$80
May 27: Ethical & Cultural Issues in a Healthcare	\$65
 3 Webinar Series Package (11 Category I CEU's)	<del>\$225</del> \$190

Register Online

