



Conditions Improved With MAP

MAP can effectively neutralize and improve the following stress induced ailments, conditions and disorders listed in the chart below.

*Note: Conditions marked with an asterisk * can be successfully addressed with MAP as a complementary to therapy with a licensed therapist or doctor in its respective field (with their consent).*

Abandonment	Feeling Stuck	Postsurgical stress
Addictions*	Forgiveness	PTSD *
Addictions to Alcohol*	Frustration	Premature Ejaculation
Addictions to Food*	Gambling	Pressure
Addictions to Drugs *	Gastrointestinal Problems*	Pre-surgical Stress
Addictions to Sex*	Guilt	Problem Solving
Aggression	Grief	Procrastination
Agoraphobia*	Greediness	Public Speaking
Anger	Hair Twisting	Rancor
Anxiety	Hatred	Rage
Assertiveness	Headaches*	Reach Goals
Assist Healing	Heartbreak	Rejection
Asthma*	Heart Disease*	Relationship Enhancement
Attitude Adjustment	Helplessness	Relaxation
Autoimmune Disorders*	Hopelessness	Remorse
ADHD*	Humiliation	Resentment
Bed Wetting	Hurt	Resistance
Beliefs about Self/Others	Hypochondria	Resistance to Change
Betrayal	Hostility	Responsibility
Breathing	Hypertension*	Restlessness
Body Image	Immune System*	Revenge
Boredom	Impatience	Sadness
Blame	Impotence (when psychological)	Sales Blocks
Bitterness	Improve Health	Self-Awareness
Career Success	Improve Sales	Self-Blame
Cancer (Stress) ***	Indecision	Self-Confidence
Change Habits	Inferiority	Self-Control
Childbirth	Inhibition	Self-Criticism
Chronic Pain*	Insecurity	Self-Defeating Behaviors
Circulatory Problems*	Insomnia	Self-Esteem
Communication	Intimidation	Self-Expression
Concentration	Irrational	Self-Forgiveness
Concern	Irritability	Self-Image
Conflicts	Irritable Bowel Syndrome*	Self-Mastery
Confidence	Jealousy	Sexual Problems
Confusion	Judgmental	Shame
Controlling	Lack of Ambition/Drive	Skin Problems*
Cramps*	Lack of Direction	Sleep Disorders*
Cravings	Lack of Enthusiasm	Smoking
Creativity	Lack of Initiative	Social Phobia
Death or Loss	Loneliness	Sports Performance
Depression*	Lower Blood Pressure*	Stage Fright
Disappointment	Lupus*	Stress
Discouraged	Medication Side Effects	Study Habits
Dreams	Memory (when due to stress)	Stuttering
Diabetes*	Mistrust	Stubborn
Eating Disorders*	Moodiness	Subconscious Blocks
Envy	Motivation	Substance Abuse*
Embarassement	Migraines*	Superiority
Exam Anxiety	Nail Biting	Surgical Recovery
Exercise	Nausea*	Tardiness
Fears	Negativism	Temptation
Fear of Animals (spiders, snakes, dogs, etc.)	Negative Beliefs	Thumb Sucking
Fear of Death	Negative Patterns	Tics
Fear of Dentist	Negative Emotions	Tolerance of others
Fear of Doctor	Nervousness	Trauma *
Fear of Failure	Nightmares	Ulcers
Fear of Flying	Numbness (emotional)	Unhappiness
Fear of Heights	Obsessions	Unloved
Fear of Loss of Control	Obesity*	Unworthy
Fear of School	Obsessive-Compulsive*	Un-motivation
Fear of Success	Overeating	Unsupported
Fear of Surgery	Overly Critical	Victimization
Fear of Water	Pain Management	Vindictiveness
Fear of public speaking, videos, social media lives, etc	Panic Attacks*	Weight Loss/Gain
Fear of Unknown	Passive-Aggressive	Worry
	Peak Performance	Worthlessness
	Perfectionism	Writer's Block
	Physical Healing (Acceleration)	