

Genuine Authenticity

Megan Ashworth, LBSW

Advocating For & Empowering Children and Families



Genuine & Authentic Guidance

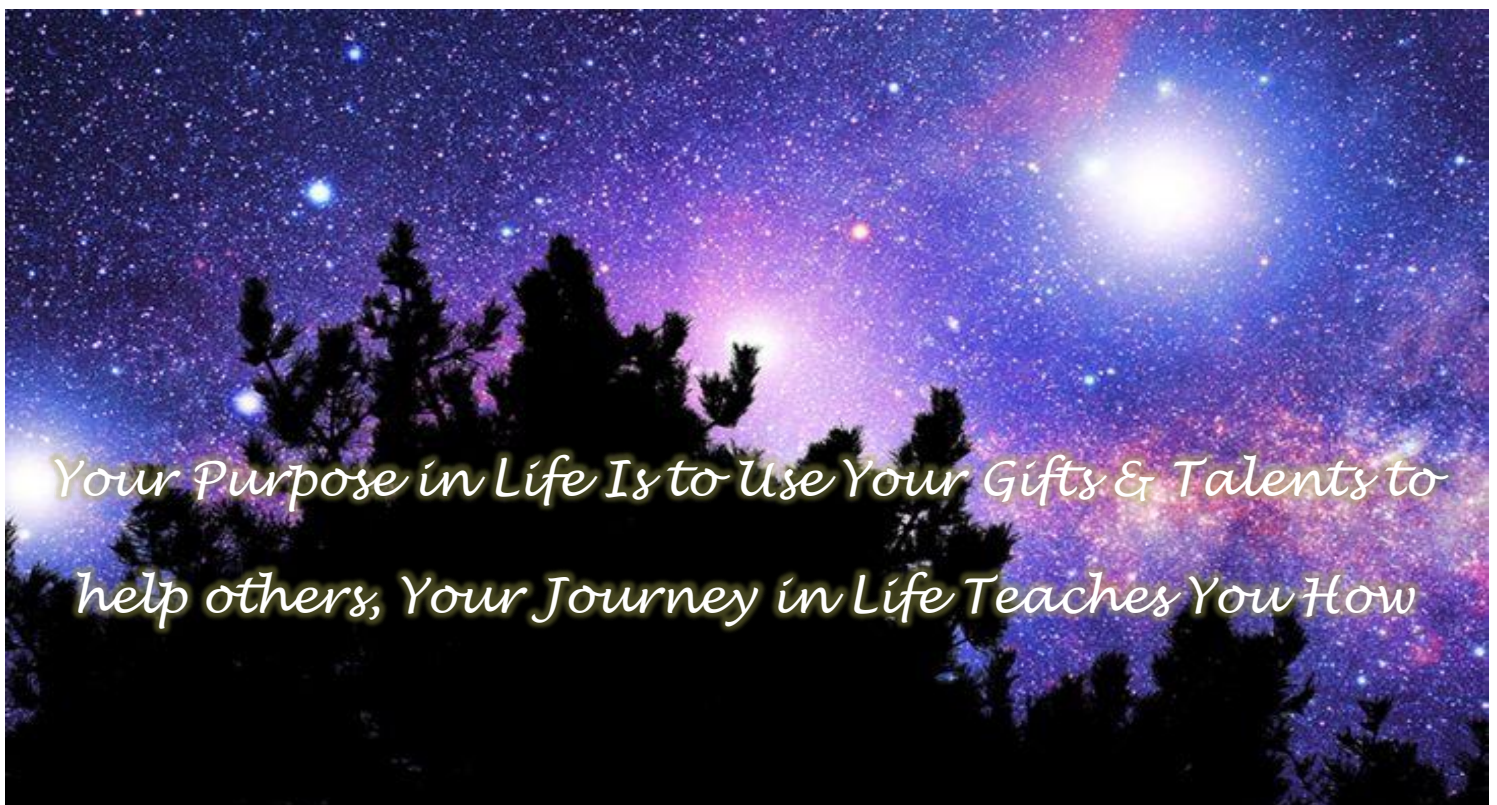
There are many families who have a child with special needs, teens that are having obstacles to overcome and/or adjust to, or an elderly parent/loved one who is reaching a time in life where tough decisions need to be made. That is where I come in and will be a valuable resource in an individualized plan to address the needs, as well as develop an approach using best practices to create a unique plan in moving forward or overcoming any barriers. I will be there every step of the way to advocate for you or your loved one and empower you by providing you the knowledge on how to best solve any similar obstacles in the future, while providing many valuable resources and tools along the way.

Services Provided

GOAL: Incorporating a variety of methods to develop an individualized plan of action for living life to the highest potential and balancing/ensuring all needs are met, while receiving the tools to keep it going resulting in empowering oneself.

Services Provided for Children, Teens, Families, and Senior Population

- Assessments, Consultations, and Resource Referral
- Case Management
- Advocating on behalf of the individual for needs within their environmental setting i.e. school, assisted living facility, home, legal system, etc.
- Goal Setting/Maintenance
- Empowering and teaching how to learn the skills needed to move forward in the future
- Referral to sources that are needed not within my scope and help navigate through needs/solutions
- Life Coaching



*Your Purpose in Life Is to Use Your Gifts & Talents to
help others, Your Journey in Life Teaches You How*

My Journey to become 'Genuine Authenticity'



My name is Megan Ashworth, LBSW (Licensed Baccalaureate Social Worker). As long as I can remember I have wanted to help others, as a child I was often standing up for other kids that needed it and have had a strong desire in my soul to be of genuine help to others. That desire led me into Social Work. Once I started a commitment to my own transformation, the courage to follow my heart ensued and resulted in starting something of my own where the privilege of helping a wider breadth of those in need would open. Additionally, I would not be limited to the approaches used to individualize care options and that is where my business Genuine Authenticity was born. In my early professional Social Work career I worked with Plano ISD students attending an alternative school, as well as homeless youth in a transitional living program. I helped students to overcome a variety of obstacles and realize their maximum potential, as well as collaboratively worked with their families on goal setting using specific and clear objectives in an effort to help them resolve their own unique struggles. During those experiences I integrated the importance of setting clear goals, clear communication, follow up and engagement. In my later career I worked for a home care company and provided a continuum of care for our elderly clients starting from the assessment and onto the care plan, while overseeing that they were properly provided for at the highest potential. It was then that I realized I have a strong desire to advocate for and empower our senior population in addition to children/teens and families. My educational background in social work (both at the undergraduate and graduate level) coupled with my experiences help me understand the unique needs and circumstances of each and every one of my clients. It is my personal goal to ensure the well-being of others and advocate on behalf of those that are in need, as well as teach the necessary tools in order to

empower the continuation of progress achieved so they can independently maintain their highest potential with as much happiness, joy, and peace in this life.



Thank You

Let Us Start the Journey to Empower

You May Contact Me & Learn More at

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