



FOOD DELIVERY ORDER FORM

<u>MAIN COURSES</u>	<u>PRICE</u>	<u>QUANTITY</u>	<u>SPECIAL REQUESTS</u>
Lemongrass and chilli prawns with avocado bean salsa.	£9		
Salmon with roasted lemon and garlic, topped with parsley	£10		
Miso glazed salmon	£10		
Poached salmon on a bed of cucumber, with lemons and fresh herbs	£10		
Teriyaki and sweet chilli salmon	£10		
Sea bass topped with pine nuts and basil	£10		
Baked sea bass with vine tomatoes and herbed white wine sauce	£10		
Chicken Laksa with rice noodles	£7		
Chicken Pastilla	£7		
Persian chicken thighs with tahini yoghurt	£8		
Roasted chicken with dates and caramelised onions	£7		
Rosemary and fennel chicken with herby lemon dressing	£8		
Lime, coriander and coconut chicken	£8		
Chicken, leek and parsley pie	£8		
Slow cooked beef stew	£9		
Beef lasagne	£8		
Chicken, pesto and sweet potato lasagne	£7		
Moroccan sausage stew	£8		
Lamb tagine served with saffron rice	£8		
Thai green curry- add chicken, prawns, steak strips or tofu	£7-9		
Slow cooked lamb shanks with rosemary glaze and mini roasted potatoes	£15		
Soup- of your choice	£6-9		
Red lentil Dal	£6		
Pea and broad bean risotto	£6.50		



<u>MAIN COURSES CONT.</u>	<u>PRICE</u>	<u>QUANTITY</u>	<u>SPECIAL REQUESTS</u>
Charred cabbage with harissa butter	£7		
Pulled king oyster mushroom with peanut and chilli	£7		
Chickpea peanut stew	£6		
Fennel tarte tatin (for 4)	£15		
Pearl barley, tomato and watercress soup and sourdough croutons	£7.50		
<u>SALADS</u>			
Freekeh salad with pomegranate molasses dressing	£6		
Chard and pomegranate quinoa salad, topped with feta	£6		
Broccoli and date salad with ras-el-hanout dressing	£6		
Grilled aubergine tabbouleh	£6		
Puy lentil and tomato salad with jammy onions	£6		
<u>SNACKS</u>			
Flatbreads (4)	£4		
Cheese straws (12)	£9		
Sausage rolls	£2.50		
<u>SANDWICHES AND WRAPS</u>			
All sandwiches and wraps are £7 each			
Tofu, chickpea salad with tahini sauce			
Chicken and avocado salad			
Beetroot avocado and hummus			
Chicken, pesto and heirloom tomato			
Tomato, mozzarella and basil			



<u>SANDWICHES AND WRAPS</u>	<u>PRICE</u>	<u>QUANTITY</u>	<u>SPECIAL REQUESTS</u>
All sandwiches and wraps are £7 each			
Tofu, chickpea salad with tahini sauce			
Chicken and avocado salad			
Beetroot avocado and hummus			
Chicken, pesto and heirloom tomato			
Tomato, mozzarella and basil			
Smoked salmon salad with cucumber and dill			
Falafel, spiced yoghurt and pickled red onion with salad			
<u>PUDDINGS</u>			
Apple crumble	£6		
Strawberry tart	£6		
Meringues with berries and cream	£6		
Almond and orange Florentines (6)	£12		
Millionaire shortbread (6)	£12		
Shortbreads (6)	£12		
Cardamom flapjacks with goji berries (6)	£12		
Chocolate brownies (6)	£12		
Chocolate chip cookies (6)	£12		
<u>CAKES</u>			
All small cakes are £12, whilst large cakes are £20			
Ginger and Molasses cake			
Lemon and poppyseed cake			
Coffee and walnut cake			
Carrot cake			
Lavender and lemon cake			
Honey cake with caramelised apples			
Banana bread			
Orange and almond cake			