

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

CONFERENCE AGENDA

DAY 1:

- 7:30am to 8:00am Registration
- 8:00am to 10:00am **I. Introduction**
A. Prevalence Data – Growth Problems
B. Prevalence Data – Feeding Problems
C. Complexity of Feeding/Eating & the Role of the Environment
- 10:00am to 10:15am Break
- 10:15am to noon D. Tenets of SOS
E. Top 10 Myths - Overview
F. Appropriate Diagnoses to Use
- II. Feeding Theory & Milestones** - How children learn to AND not to eat
A. Learning Theory
1. Feeding Therapy Options
- 12:00pm to 1:00pm Lunch - On Your Own
- 1:00pm to 3:00pm **II. Feeding Theory & Milestones** (continued)
2. Learning Video
B. Myth 1 = Breathing
C. Motor Skill Acquisition
- 3:00pm to 3:15 pm Break
- 3:15pm to 5:00pm D. Oral-Motor Skills & Developmental Food Continuum

DAY 2:

- 8:00am to 10:00am **II. Feeding Theory & Milestones** - continued
E. Sensory Skill Acquisition
F. Understanding the Role of Sensory Processing In Feeding
- 10:00am to 10:15am Break
- 10:15am to noon **II. Feeding Theory & Milestones** – continued
G. Steps to Eating - Overview
H. Cognitive Development
- 12:00pm to 1:00pm Lunch

DAY 2 continued:

1:00pm to 3:00pm

II. Feeding Theory & Milestones – continued I. Psychological Developmental Stages

III. Treatment/Interventions A. General Treatment Strategies 1. Social Role Modeling

3:00pm to 3:15pm

Break

3:15pm to 5:00pm

III. Treatment/Interventions - continued A. General Treatment Strategies - continued 2. Structure/Routine 3. The Correct Use of Reinforcement 4. Accessing the Cognitive B. Food Jags

DAY 3:

8:00am to 10:00am

IV. Assessment of Feeding Problems A. Assessment Process B. Referral Candidates C. Reasons Children Won't Eat D. Child Factors E. Environmental Factors F. Parent Factors G. Practice Videos H. Parents' Experience

10:00am to 10:15am

Break

10:15am to noon

V. The SOS Approach to Feeding – Theoretical Requirements A. Systematic Desensitization B. Cues to Eating

12:00pm to 1:00pm

Lunch

1:00pm to 3:00pm

VI. The SOS Approach to Feeding – Therapy Sessions C. Language Use D. Therapy Format - Child 1. Room Set-Up + Modifications 2. Session Structure & Routine

3:00pm to 3:15pm

Break

3:15pm to 5:00pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued E. Therapy Format – Parent F. Modifications Across Settings G. Sensory Based Problem Solving

DAY 4:

8:00am to 10:00am	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued H. Progression Across Sessions I. Graduation Criteria & SOS Data J. Building a Food Hierarchy 1. Requirements
10:00am to 10:15am	<u>Break</u>
10:15am to noon	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued J. Building a Food Hierarchy – continued 2. Practice K. Hierarchy Strategies – Moving Children Up the Steps 1. Play techniques per Step 2. Practicing hierarchy strategies
12:00pm to 1:00pm	<u>Lunch</u>
1:00pm to 3:00pm	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued K. Hierarchy Strategies – Moving Children Up the Steps - continued L. Hierarchy Strategies – Oral Motor Steps to Eating
3:00pm to 3:15pm	<u>Break</u>
3:15pm to 5:00pm	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued M. Video: Progression Within Session N. SOS Data <u>VII. Managing Other Maladaptive Behaviors</u> A. Intervention strategies – Perseveration & Vomiting B. Emotion Based Discipline

**** This Conference has a 100% Attendance Requirement.**

Registrants are expected to attend the course in its entirety and to participate fully for the entire length of each day (8am to 5pm), in order to receive their Certificate of Participation and any scheduled continuing education hours (if applicable and pre-arranged by the Conference Host). Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early.