



When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

LIVE STREAMED CONFERENCE AGENDA LONDON 13:00 - 22:00 GMT

DAY 1 :

- 1:00pm to 3:00pm ***I. Introduction***
- A. Prevalence Data – Feeding Problems
 - B. Prevalence Data – Growth Problems
 - C. Complexity of Feeding/Eating & the Role of the Environment
- 3:00pm to 3:15pm Break
- 3:15pm to 5:00pm
- D. Tenets of SOS
 - E. Top 10 Myths - Overview
 - F. Appropriate Diagnoses to Use
- II. Feeding Theory & Milestones*** - How children learn to AND not to eat
- A. Learning Theory
 - 1. Feeding Therapy Options
- 5:00pm to 5:15pm SOS Test Questions - On Your Own
- 5:15pm to 6:00pm Dinner - On Your Own
- 6:00pm to 8:00pm ***II. Feeding Theory & Milestones*** (continued)
- 2. Learning Video
 - B. Myth 1 = Breathing
 - C. Motor Skill Acquisition
- 8:00pm to 8:15 pm Break



8:15pm to 10:00pm
Continuum

D. Oral-Motor Skills & Developmental Food

10:00pm to 10:15pm SOS Test Questions - *On Your Own*



DAY 2:

- 1:00pm to 3:00pm **II. Feeding Theory & Milestones** - continued
E. Sensory Skill Acquisition
F. Understanding the Role of Sensory Processing In Feeding
- 3:00pm to 3:15pm Break
- 3:15pm to 5:00pm **II. Feeding Theory & Milestones** – continued
G. Steps to Eating - Overview
H. Cognitive Development
- 5:00pm to 5:15pm SOS Test Questions - On Your Own
- 5:15pm to 6:00pm Dinner - On Your Own
- 6:00pm to 8:00pm **II. Feeding Theory & Milestones** – continued
I. Psychological Developmental Stages
- III. Treatment/Interventions**
A. General Treatment Strategies
1. Social Role Modeling
2. Structure/Routine
- 8:00pm to 8:15 pm Break
- 8:15pm to 10:00pm **III. Treatment/Interventions** - continued
A. General Treatment Strategies - continued
3. The Correct Use of Reinforcement
4. Accessing the Cognitive
B. Food Jags
- IV. Assessment of Feeding Problems**
A. Assessment Process
B. Referral Candidates
C. Reasons Children Won't Eat
D. Child Factors
- 10:00pm to 10:15pm SOS Test Questions - On Your Own

DAY 3:

- 1:00pm to 3:00pm **IV. Assessment of Feeding Problems** - continued
E. Environmental Factors
F. Parent Factors
G. Practice Videos
H. Parents' Experience



3:00pm to 3:15pm Break

3:15pm to 5:00pm **V. The SOS Approach to Feeding – Theoretical Requirements**

- A. Systematic Desensitization**
- C. Language Use**

DAY 3: continued

5:00pm to 5:15pm SOS Test Questions - On Your Own

5:15pm to 6:00pm Dinner - On Your Own

6:00pm to 8:00pm **VI. The SOS Approach to Feeding – Therapy Sessions**

- D. Therapy Format - Child**
 - 1. Room Set-Up + Modifications**
 - 2. Session Structure & Routine**

8:00pm to 8:15 pm Break

8:15pm to 10:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

- E. Therapy Format – Parent**
- F. Modifications Across Settings**
- G. Sensory Based Problem Solving**

10:00pm to 10:15pm SOS Test Questions - On Your Own

DAY 4:

1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

- H. Progression Across Sessions**
- I. Graduation Criteria & SOS Data**
- J. Building a Food Hierarchy**
 - 1. Requirements**

3:00pm to 3:15pm Break

3:15pm to 5:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

- J. Building a Food Hierarchy – continued**
 - 2. Practice**
- K. Hierarchy Strategies – Moving Children**

Up the Steps

- 1. Play techniques per Step**
- 2. Practicing hierarchy strategies**



5:00pm to 5:15pm SOS Test Questions - *On Your Own*

5:15pm to 6:00pm Dinner - *On Your Own*

6:00pm to 8:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

**K. Hierarchy Strategies – Moving Children
Up the Steps** - continued
**L. Hierarchy Strategies – Oral Motor Steps
to Eating**

8:00pm to 8:15 pm Break

8:15pm to 10:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

**M. Video: Progression Within Session
N. SOS Data**

VII. Managing Other Maladaptive Behaviors

**A. Intervention strategies – Perseveration
& Vomiting
B. Emotion Based Discipline**

10:00pm to 10:15pm SOS Test Questions - *On Your Own*