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Occupational Therapist Job Specification

Location

South London, East London and Essex — school based across specialist and mainstream settings.

Salary

£30–£45 per hour (DOE)

Role overview

Deliver child-centred, neuro-affirming occupational therapy to help autistic children and young people access learning, regulate sensory needs, and develop functional independence. Provide advisory support to mainstream schools and SENCOs.

Key responsibilities

- **Assessment:** Conduct functional, sensory and classroom-based assessments.
- **Intervention:** Design and deliver individual and group OT programmes for sensory regulation, motor skills, self-care and classroom access.
- **School advisory work:** Provide practical, evidence-based advice to mainstream school staff and SENCOs on reasonable adjustments and inclusive practice.
- **Capacity building:** Train and model strategies for teachers, support staff and families.
- **Collaboration:** Co-produce goals with teachers, SLTs, families and multidisciplinary teams.
- **Record keeping:** Maintain accurate, timely records of assessments, interventions and outcomes; use secure electronic systems; ensure data is stored in line with data protection policies.
- **Safeguarding:** Follow organisational safeguarding policies and local authority procedures; complete safeguarding referrals and incident reports promptly; attend safeguarding meetings as required.

Essential qualifications and experience

- **HCPC registration** as an Occupational Therapist.
- **Membership of the Royal College of Occupational Therapists RCOT** required or demonstrable commitment to join.
- Experience working with autistic children or young people in education or community settings.
- Up-to-date **safeguarding training** and willingness to undergo enhanced DBS check.
- Strong knowledge of sensory processing and school-based practice.

Desirable

- Experience advising mainstream schools and working within multidisciplinary teams.
- Familiarity with neuro-affirming and trauma-informed approaches.

Working pattern

Term-time only; flexible hours; South London, East London and Essex school sites.

What we offer

Regular supervision and CPD; supportive, values-driven team culture; opportunities for creative practice.

How to apply

Send CV to info@therapytrain.co.uk. Therapy Train is an equal opportunities employer.