

Blue Sky Group Homes

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News and Updates

August was another fun and active month at Blue Sky, filled with outings, activities, celebrations, and plenty of opportunities for residents to enjoy time together. With the summer heat still going strong, we continued finding ways to stay cool, active, and engaged both at home and out in the community.

Residents enjoyed several outings throughout the month, including restaurant trips, visits to the movie theater, and a refreshing pool outing. Back at home, there were plenty of smiles, social time, daily activities, and birthday celebrations as we recognized our residents with August birthdays.

Our groups this month focused on Cultural Diversity. Throughout August, residents explored their own personal cultures and traditions, compared different cultures, discussed cultural traditions and health care beliefs, and learned about the importance of valuing diversity.

Overall, August was filled with good food, fun outings, meaningful conversations, celebrations, and lots of smiles. We hope you enjoy looking back at some of our favorite August moments at Blue Sky!

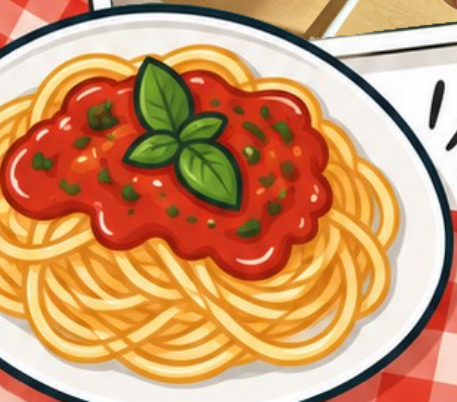
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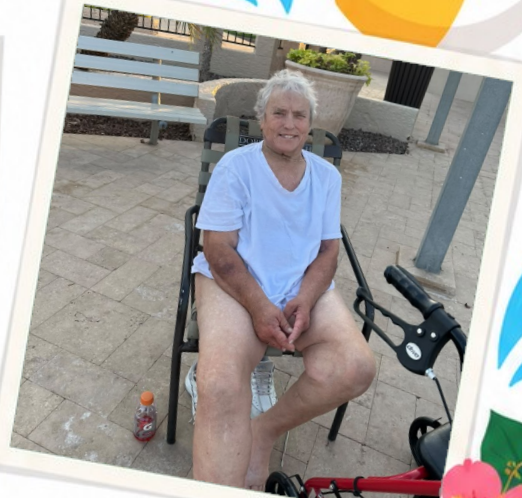
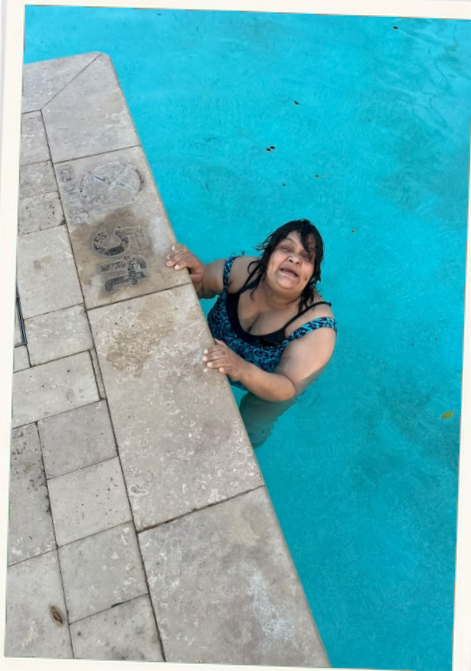














Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of some of our groups this month.

1. Identifying Personal Culture and Traditions

Residents explored their own cultural backgrounds, family traditions, customs, foods, celebrations, and experiences that are meaningful to them.

2. Comparing Cultures and Short Essay

Residents discussed similarities and differences between cultures and completed a short writing activity about what they learned and appreciated.

3. Cultural Traditions and Health Care Beliefs

Residents learned how different cultures may have different traditions, beliefs, and practices related to health, wellness, and receiving care.

4. Valuing Diversity

Residents discussed the importance of respecting and appreciating differences in culture, traditions, beliefs, and personal experiences.

