

Blue Sky Group Homes

March 2026
Volume 11, Issue 3

News and Updates

We are enjoying this spring weather over here at Blue Sky, although some days it already feels like summer! We have been soaking up this season by getting out and enjoying all the fun events and festivals the area has to offer.

Residents enjoyed celebrating Valentine's Day with a trip to the senior center where they participated in the Valentine's Day Gala complete with snacks, a photo booth, dancing and music. For those residents who stayed back, we had a house party, with chocolates of course!

Other fun outings this month included trips to a Mardi Gras festival, where residents got to enjoy unique foods, and several arts events such as concerts and plays.

We enjoyed another trip to the horse farm, where we loved grooming the horses and visiting the many farm animals. Another popular event was our annual Super Bowl parties which included pizzas and wings while watching the big game.

We are continuing to plan fun outings while the weather permits.

Next month we plan to attend more music concerts, restaurant outings and our monthly shopping trips. Residents are also looking forward to an exciting trip to the Air Force Museum. We can't wait to share these events with you in next month's newsletter!

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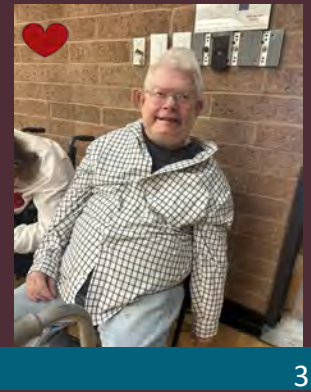
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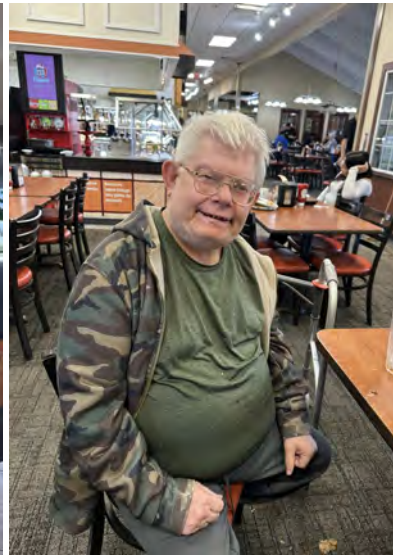






HAPPY Valentine's DAY

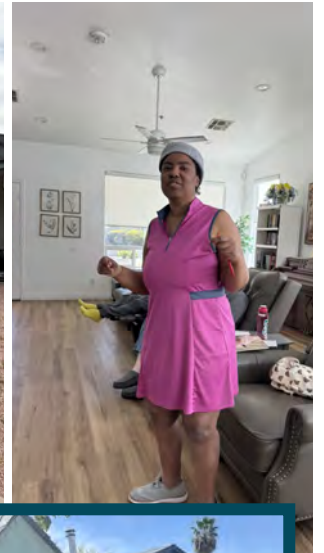
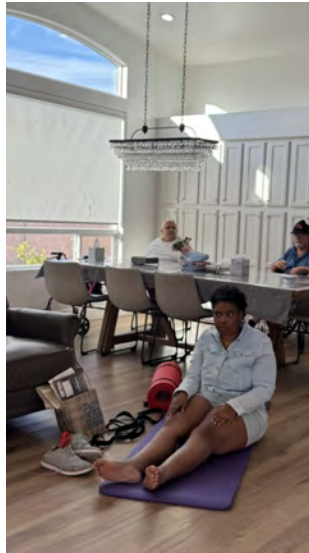




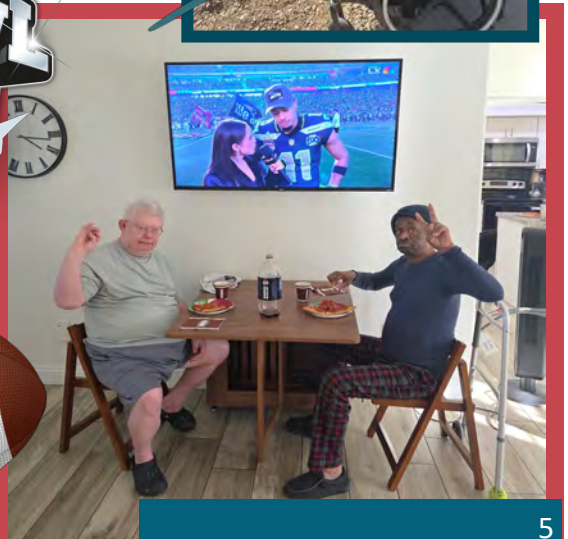
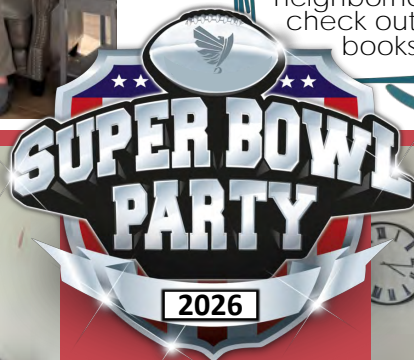
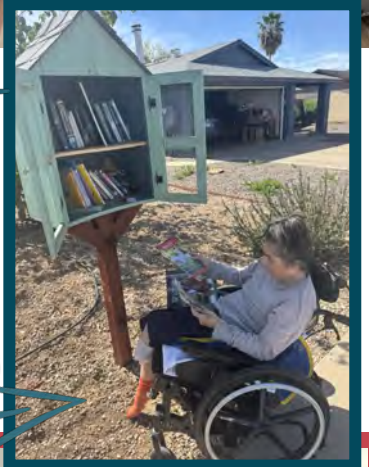
Blue Sky residents love to shop! Each month residents have an opportunity to join a shopping outing to stock up on personal items such as snacks, drinks and hygiene items. If residents are unable to physically go to the store, staff assist them in putting in an online order. In addition to this outing, residents vote on one other store to visit each month. Popular picks include Ross, Target and Goodwill.

Where will we go next?

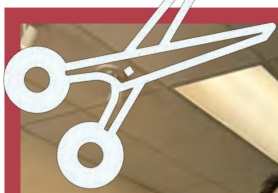




We love getting out of the house and going for walks while the weather is nice. Residents enjoy visiting the 'little libraries' in the neighborhood to check out new books.



Mardi Gras FESTIVAL



Whether they want to visit the local hair salon, or prefer a cut in the house, we are always making sure our residents are looking, and feeling, their best!

CULTURE EVENTS



CONCERTS

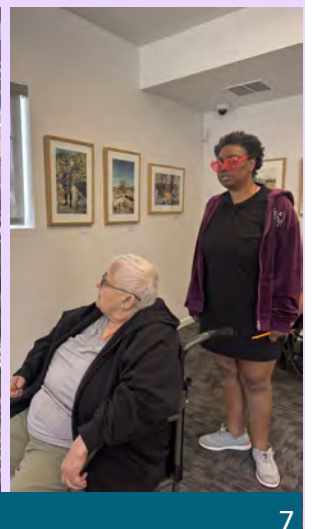
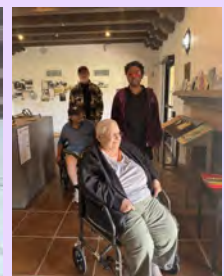
chandler MUSEUM



WONKA PLAY

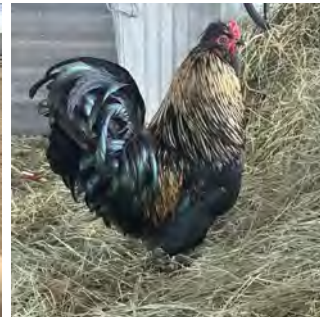


COMMUNITY BAND FESTIVAL



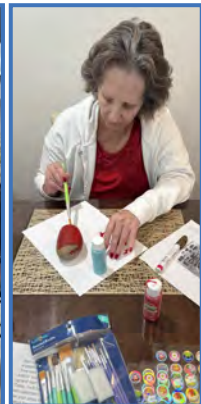
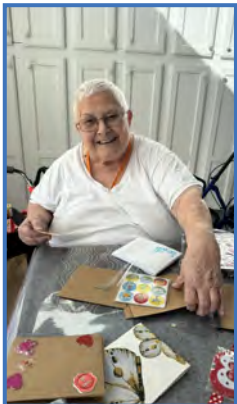
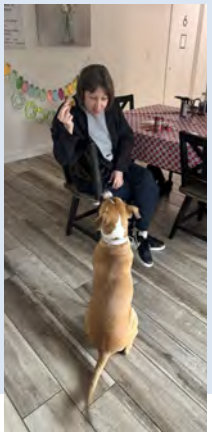


HORSE FARM

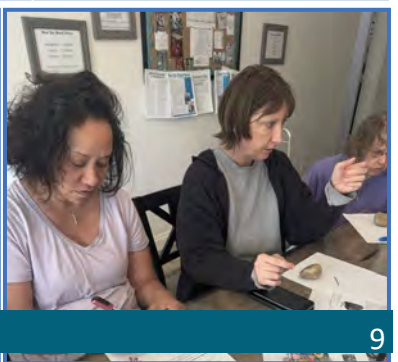
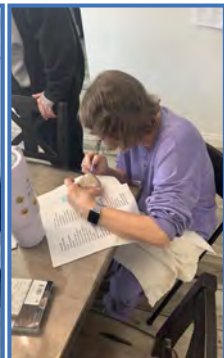




Dog Visits



Arts & Crafts



Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of some of our groups this month.

1. Kindness Rocks

This month, therapeutic groups focused on kindness and empathy—the benefits of practicing these skills routinely and ways to practice. In this group, residents painted motivational “kindness rocks” to spread around the neighborhood.

2. Nourishment Notes

Residents collaborated with the outreach program through St. Vincent De Paul to create “nourishment notes” to add to food boxes that go out to those in need in the Valley.

3. Kindness Questionnaire

In this group, residents learned more about the personal benefits of practicing kindness (a longer life is one!) and used a questionnaire to find areas they can work to improve upon.

4. Cards & Games

Even routine activities can be a great way to sneak in some personal skill building. Cards and games not only improve cognitive skills, but help our critical thinking and social skills as well.

5. Today in History

Each day residents learn about what happened on this day in history. We discuss major events, famous birthdays and influential people in history.

