

Blue Sky News



Inside this issue

August News.....	1
Wells Fargo Museum.....	2
Macayos.....	3
Animal/Music.....	4
August Activities.....	5
Groups.....	6

August News

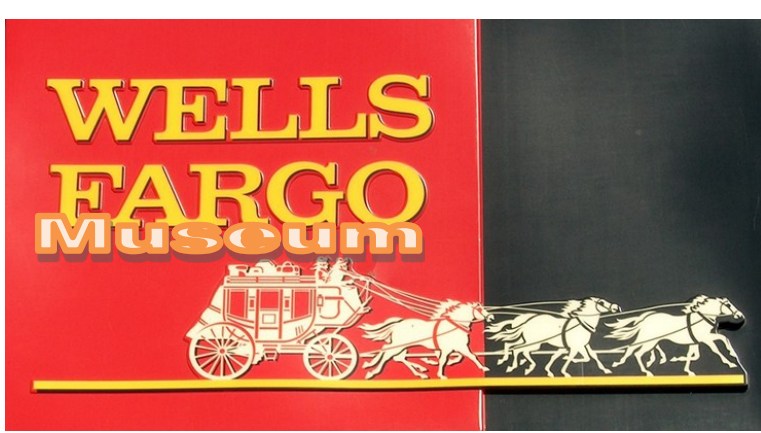
This month we had a visit to the Wells Fargo Museum. They did a brief presentation, and had activities making money with each residents picture, making checks and they could even get on the famous Wells Fargo Stagecoach. It was a interesting and fun museum adventure.

For one of our reward outing we went to Macayos Mexican Restaurant and we encouraged the residents to get dressed up. So residents enjoyed the opportunity to get dressed up and the food was great.

Along with our regular scheduled activities we now have a musician that comes to play the guitar for us one a week. We love seeing the residents sing along and smiling with some songs they recognize. We also took a trip to an animal rescue to see horses and some fun farm animals.

Check out a few other pictures from last month and read up on some of the group topics of last month. More adventures to come!





Macayo's

MEXICAN KITCHEN



Animal Rescue



Music



We have a guitar player that has been coming to play weekly. This has been a big hit at each house and we have had a lot of participation.

August Activities



Riding the Stagecoach



Out For Mexican Food



Reward Outing



At the Movies



Birthday Boy

Playing Games



Groups

This month we had great participation in groups and continue to work on our goals, mindfulness and learning. Having a quick learning topic each time a group has become very popular and we have been learning lots of fun facts this month about famous people in history such as Newton, Squanto, Neil Armstrong, Pocahontas and Susan B Anthony. We have also been learning about the Civil War, history of Phoenix, Tornadoes and about the Hopi Tribe. It's always interesting to see what fun facts we will learn and which topics our residents bring up as what they want to learn about next.

Our groups this month started of with learning about our anxieties and how to overcome them one step at a time. Then we were able to focus the next week on how to recognize the good stuff and why this can help change our mindset. We also discussed our self care goals we plan to work on next month. We continue with exercise, morning walks, mindfulness and games each week as well.

