

Blue Sky Group Homes

June 2026
Volume 11, Issue 6

News and Updates

May was a busy and memorable month at Blue Sky, with many opportunities for residents to enjoy and spend quality time together. From pizza fun to food outings, movie nights, and pet visits, the month was filled with comfort and connection.

Residents also enjoyed a special outing to the racing museum, where they saw unique cars, explored displays, and enjoyed time outside the home. Daily activities continued with games, crafts, movement, social time, and other moments that supported creativity, wellness, and participation.

We also celebrated 5 de Mayo with festive activities and recognized our May birthdays with treats and shared celebrations. Group sessions focused on helpful everyday skills, including communication, hygiene, conflict resolution, and using respectful ways to express feelings.

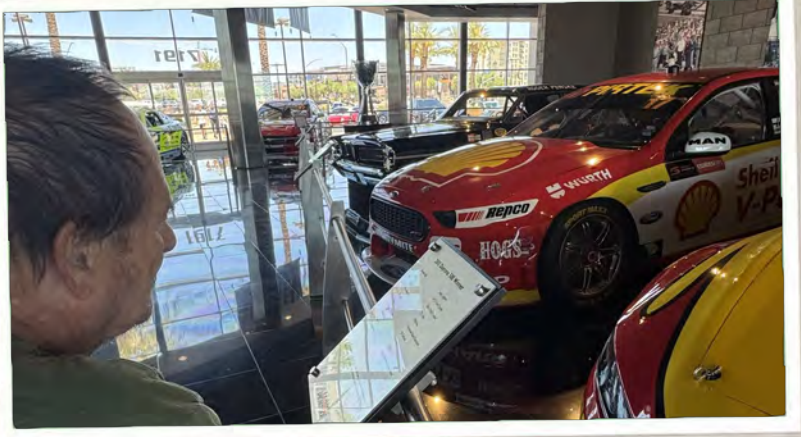
Overall, May was full of meaningful moments, outings, celebrations, and opportunities for residents to learn, connect, and enjoy themselves. We hope you enjoy the May highlights from Blue Sky.

Inside the issue

Pizza & Pasta.....	1
Racing Museum.....	2
Activities.....	3
Pet Visits.....	4
Food Outings.....	5
Movie nights.....	6
5 de Mayo.....	7
May Birthdays.....	8
Groups.....	10













ENJOY
YOUR
FRYBREAD

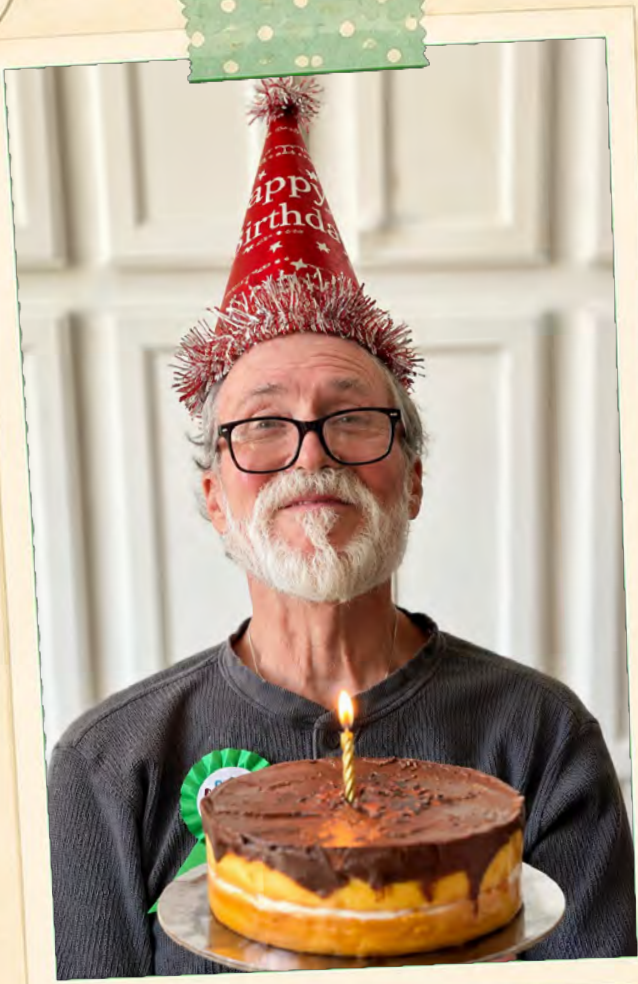




5 DE MAYO



BIRTHDAYS



PHILLIP



ROXANNE



Groups

Groups are held several times throughout the week at Blue Sky. Here is a snapshot of some of our groups this month.

1. Verbal Communication

In this group, residents learned about the importance of clear and respectful verbal communication. Residents practiced using appropriate tone, listening to others, and expressing their needs in a positive way.

2. Benefits of Showering

This month, residents learned about the benefits of showering and maintaining good personal hygiene. The group focused on how showering helps with cleanliness, health, confidence, and feeling refreshed.

3. Conflict Resolution

Residents participated in a group focused on resolving conflicts in a healthy and respectful way. Residents discussed common causes of conflict and practiced ways to stay calm, listen, and work toward positive solutions.

4. Using “I” Statements

In this group, residents learned how to use “I” statements to express feelings and needs without blaming others. Residents practiced communicating their emotions in a respectful way to help reduce misunderstandings and improve relationships.

